

# Being Human

拍數: 32      牆數: 4      級數:  
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音樂: A Symptom Of Being Human - Shinedown : (Album: Planet Zero)



## Cross-rock-side-rock-weave with a sweep, weave with 1/4 to left, step R back 1/2 to left, step L back

- 1&2&      Rock left across right, recover weight on right, rock left to left side, recover weight on right  
3&4&      Step left behind right, step right to right side, step left across right, sweep right from back to front  
5&6&      Step right across left, step left to left side, step right behind left, step left forward making a 1/4 turn to left (facing 9 o'clock)  
7, 8      Step right long step back making a 1/2 turn to left (facing 3 o'clock), step left long step back

## R mambo-step back, L mambo-step forward, R mambo-step turning 1/2 to left, triple-step 1 1/2 to left

- 1&2      Rock right back, recover weight on left, step right forward  
3&4      Rock left forward, recover weight on right, step left back  
5&6      Rock right back, recover weight on left, step right back making a 1/2 turn to left (facing 9 o'clock)  
7&8      Step left forward making a 1/2 turn to left (facing 3 o'clock), step right back making a 1/2 turn to left (facing 9 o'clock), step left forward making a 1/2 turn to left (facing 3 o'clock)

## Weave with a sweep, weave with a sweep, cross-back turning 1/4 to right, shuffle 1/2 to right

- 1&2&      Step right across left, step left to left side, step right behind left, sweep left from front to back  
3&4&      Step left behind right, step right to right side, step left across right, sweep right from back to front  
5, 6      Step right across left, step left back making a 1/4 turn to right (facing 6 o'clock)  
7&8      Step right to right side making a 1/4 turn to right (facing 9 o'clock), step together with left, step right forward making a 1/4 turn to right (facing 12 o'clock)

## Step turning 1/2 to right with a ronde, side-rock-cross, hip sways, sailor-step turning 3/4 to right

- 1, 2      Step left back making a 1/2 turn to right (facing 6 o'clock) with right leg doing a deep sweep from front to back, step right behind left  
3&4      Rock left to left side, recover weight on right, step left across right  
5,6      Sway hips to right, sway hips to left  
7&8      Step right behind left making a 1/4 turn to right (facing 9 o'clock), step left to left side making a 1/4 turn to right (facing 12 o'clock), step right forward making a 1/4 turn to right (facing 3 o'clock)

**Tags: After walls 3 (facing 9 o'clock) and 6 (facing 6 o'clock), dance the following tag and restart.**

## Cross-rock-side-rock-behind-side-cross-side

- 1&2&      Rock left across right, recover weight on right, rock left to left side, recover weight on right  
3&4&      Step left behind right, step right to right side, step left across right, step right to right side

**During the 8th wall (facing 9 o'clock), the music slows to a near stop after the first four counts. Just hold on the sweep then waiting up for the music and continue dancing from count five with the word "human".**

Enjoy!

Last Update - 27 Nov. 2022 - R1