

Being Human

拍數: 32 牆數: 4 級數:
編舞者: Kerly Luige (EST) - 7 November 2022
音樂: A Symptom Of Being Human - Shinedown : (Album: Planet Zero)



Cross-rock-side-rock-weave with a sweep, weave with 1/4 to left, step R back 1/2 to left, step L back

- 1&2& Rock left across right, recover weight on right, rock left to left side, recover weight on right
3&4& Step left behind right, step right to right side, step left across right, sweep right from back to front
5&6& Step right across left, step left to left side, step right behind left, step left forward making a 1/4 turn to left (facing 9 o'clock)
7, 8 Step right long step back making a 1/2 turn to left (facing 3 o'clock), step left long step back

R mambo-step back, L mambo-step forward, R mambo-step turning 1/2 to left, triple-step 1 1/2 to left

- 1&2 Rock right back, recover weight on left, step right forward
3&4 Rock left forward, recover weight on right, step left back
5&6 Rock right back, recover weight on left, step right back making a 1/2 turn to left (facing 9 o'clock)
7&8 Step left forward making a 1/2 turn to left (facing 3 o'clock), step right back making a 1/2 turn to left (facing 9 o'clock), step left forward making a 1/2 turn to left (facing 3 o'clock)

Weave with a sweep, weave with a sweep, cross-back turning 1/4 to right, shuffle 1/2 to right

- 1&2& Step right across left, step left to left side, step right behind left, sweep left from front to back
3&4& Step left behind right, step right to right side, step left across right, sweep right from back to front
5, 6 Step right across left, step left back making a 1/4 turn to right (facing 6 o'clock)
7&8 Step right to right side making a 1/4 turn to right (facing 9 o'clock), step together with left, step right forward making a 1/4 turn to right (facing 12 o'clock)

Step turning 1/2 to right with a ronde, side-rock-cross, hip sways, sailor-step turning 3/4 to right

- 1, 2 Step left back making a 1/2 turn to right (facing 6 o'clock) with right leg doing a deep sweep from front to back, step right behind left
3&4 Rock left to left side, recover weight on right, step left across right
5,6 Sway hips to right, sway hips to left
7&8 Step right behind left making a 1/4 turn to right (facing 9 o'clock), step left to left side making a 1/4 turn to right (facing 12 o'clock), step right forward making a 1/4 turn to right (facing 3 o'clock)

Tags: After walls 3 (facing 9 o'clock) and 6 (facing 6 o'clock), dance the following tag and restart.

Cross-rock-side-rock-behind-side-cross-side

- 1&2& Rock left across right, recover weight on right, rock left to left side, recover weight on right
3&4& Step left behind right, step right to right side, step left across right, step right to right side

During the 8th wall (facing 9 o'clock), the music slows to a near stop after the first four counts. Just hold on the sweep then waiting up for the music and continue dancing from count five with the word "human".

Enjoy!

Last Update - 27 Nov. 2022 - R1