

# Alabama Nights

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Helen Woods (USA) - November 2022  
音樂: Alabama Nights - Tiera Kennedy : (Album: Alabama Nights)



#16 count intro after 4 second lead-in, support on left

## SECTION 1: ROCK RECOVER BACK, BACK ROCK RECOVER FORWARD, STEP LOCK STEP, STEP (TURN ¼) STEP-IN-PLACE CROSS (3:00)

1&2      Rock right forward, recover left, step right back  
3&4      Rock left back, recover right, step left forward  
5&6      Step right forward, lock left behind right, step right forward  
7&8      Step left forward then turn ¼ right, step right in place, step left across right (3:00)

## SECTION 2: SIDE TOGETHER BACK, SIDE TOGETHER FORWARD HEEL JACK, STOMP-UP STOMP-DOWN, BACK TOGETHER FORWARD (3:00)

1&2      Step right to side, step left together, step right back  
3&4&      Step left to side, step right together, step left forward, touch right heel forward  
5&6      Hold, stomp-up right beside left, stomp-down right beside left  
(Stomps hit the lyrics "Boom, Boom" in the chorus)  
7&8      Step left back, step right beside left, step left forward (3:00)

Restart from beginning during 3rd rotation

## SECTION 3: KICK BALL CROSS 2x, SIDE ROCK RECOVER, BEHIND (TURN ¼) STEP STEP (12:00)

1&2      Kick right to right diagonal, step ball of right beside left, step left across right  
3&4      Kick right to right diagonal, step ball of right beside left, step left across right  
5-6      Rock right to side, recover left  
7&8      Step right behind left then turn ¼ left, step left forward, step right forward (12:00)

## SECTION 4: STEP (TURN ½) STEP-IN-PLACE, STEP (TURN ¼) STEP-IN-PLACE, TOGETHER, HEEL TOGETHER 4x (9:00)

1-2      Step left forward then turn ½ right, step right in place  
3-4&      Step left forward then turn ¼ right, step right in place, step left beside right  
5&6&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
7&8&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right (9:00)

REPEAT

RESTART: During 3rd rotation after count 16, restart at beginning