

I Found You EZ

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Martine Canonne (FR) - November 2022
音樂: I Found You - Nate Smith : (iTunes)



Start : 32 counts (env. 17 secs).

The first step is inspired by the dance "I Found You..." written by Neville Fitzgerald & Julie Harris (intermediate choreography)

Lien Youtube : <https://www.youtube.com/watch?v=CdvX3wxKSvE>

[1 – 9] LF BACK, COASTER STEP, TRIPLE STEP, STEP-1/4-CROSS, RUMBA BACK

- 1 Step LF back
- 2 & 3 Step RF back, step LF next to RF, step RF forward
- 4 & 5 Step LF forward, step RF next to LF, step LF forward (Option : Step-lock-step)
- 6 & 7 Step RF forward, turn ¼ left (weight onto LF), cross RF over LF (09:00)
- 8 & 1 Step LF to left side, step RF next to LF, step LF back

RESTART here on wall 3 accounts 8& by following the information. Make a Triple ¼ turn right : turn ¼ right stepping LF back (8), step RF next to LF (&), and restart with count 1 by stepping LF back (come back face at 12:00)

[10 – 16] RUMBA STEP X2, TRIPLE ¼ R, PRESSY LF FWD

- 2 & 3 Step RF to right side, step LF next to RF, step RF forward
- 4 & 5 Step LF to left side, step RF next to LF, step LF forward
- 6 & 7 Step RF to right side, step LF next to RF, turn ¼ right stepping RF forward (12:00)
- 8 Step LF slightly cross over RF

[17 – 24] CROSS ROCK STEP RF, &, CROSS ROCK STEP LF, &, ½ CURVE WITH WALKS & TRIPLE STEP

- 1 – 2& Cross rock RF over LF, recover onto LF, step RF slightly to right side
- 3 – 4& Cross rock LF over RF, recover onto RF, step LF slightly to left side
- 5 – 6 Start turn ½ left with walks RF & LF forward
- 7 & 8 Finish turn ½ left stepping RF forward, step LF next to RF, step RF forward (06:00)

NOTE : On counts 5-6 7&8, make a curve with your body

[25 – 32] CROSS ROCK STEP LF, & CROSS ROCK STEP RF, &, JAZZ BOX SYNCOPATED, BACK-LOCK

- 1 – 2& Cross rock LF over RF, recover onto RF, step LF slightly to left side
- 3 – 4& Cross rock RF over LF, recover onto LF, step RF slightly to right side
- 5 – 6& Cross LF over RF, step RF back, step LF to left side
- 7 – 8& Cross RF over LF, step LF back, cross RF over LF