## **Dancing In The Rainforest**

拍數: 32

級數: Intermediate

編舞者: Martha Hall (USA) - November 2022

音樂: Hope (希望) - Yise Loo (羅憶詩) & Yi Qiang Luo (羅意強)

Intro: Start after 32 counts, on vocals. Weight is on left. Tag: There is a 4-count tag that comes after wall 5 facing 6:00.	
(1-8) NC basic R, Step L, Sweep R over L, Hinge turn R, Sweep L over R, R point.	
1-2&	Step RF to R side, Close LF behind RF, Cross RF over LF
3-4	Step LF to side, Sweep RF across LF
5-6	Make ¼ R with LF, make ¼ turn R with RF facing 6:00
7-8	Sweep LF across RF, Point RF out to R side
(9-16) Cross, Turn ¼ R, Shuffle ½ R, Step, Sweep ¼ L, Crossing Shuffle	
1-2	Cross RF over LF, Turn LF back ¼ R facing 9:00,
3&4	Shuffle ½ R facing 3:00,
5-6	Step LF forward facing 3:00, Sweep RF ¼ L facing 12:00
7&8	Crossing Shuffle LF over RF
(17-24) Sway L, R, L, R, Behind, Diagonal shuffle back towards 10:30, Step L ¼ towards 7:30	
1-2	Step LF to L with hip sway, Step RF to R side with hip sway
3-4	Step LF to L with hip sway, Step RF to R side with hip sway
5-6&7	Step back on LF facing 10:30 (5), Shuffle back RLR facing 10:30 (6&7)
8	Step LF opening ¼ L facing 7:30
(25-32) Step RF, Kick LF, LF Back , Point RF side, Sweep RF behind LF, Hook LF, Shuffle LRL	
1-2	Step RF towards 7:30, Kick LF up slowly facing 7:30
3-4	Step LF back facing 7:30, Point RF to 12:00
5-6	Sweep RF behind LF facing 9:00, Hook LF facing 9:00
7&8	Shuffle LRL forward facing 9:00
Start the dance turning a ¼ towards 6:00 or 12:00 into the NC basic.	
Tag after wall 5 - Two full left turns stepping R L R L	
1-2-3-4	Step R turning back L 1/2, Step L turning L ½, Step R turning ½, Step L turning ½ facing

9:00. If you do not care for turns, take four steps, R L R L

## This beautiful song is about our unity with the rainforest and without preserving it, we will not be.





**牆數:**2