

The Boot

拍數: 64 牆數: 4 級數: Improver
編舞者: Helen Parkyn (UK) - November 2022
音樂: The Boot - Alan Jackson



Intro: 32 count ---- + 2 tags/restarts

RIGHT TO RIGHT, HOLD, ROCK BACK, RECOVER, EXTENDED LEFT VINE

1 – 4 step right to right side, hold, rock back on left, recover forward onto right
5 – 8 step left to left side, cross right behind, step left to left side, cross right over front of left.

LEFT TO LEFT, HOLD, ROCK BACK, RECOVER, EXTENDED LEFT VINE

1 – 4 step left to left side, hold, rock back on right, recover forward onto left
5 – 8 step right to right side, cross left behind right, step right to right side, cross left over front of right.

RIGHT SCISSOR, HOLD, HINGE 1/2 TURN RIGHT (6.00) HOLD

1 – 4 step right to right side, close left beside, cross right over front of left, hold
5 – 8 step back left with 1/4 right (3.00), make 1/4 right step right to side (6.00), step forward left, hold

RIGHT FORWARD MAMBO, HOLD, LEFT COASTER, HOLD

1 – 4 rock forward on right, recover back on left, close right beside left, hold
5 – 8 step back left, close right beside, step forward left, hold (***** WALL 6)

RIGHT ROCKING TURN RIGHT (12.00), HOLD, LEFT ROCKING CHAIR

1 – 4 rock forward on right foot, recover back on left, make 1/2 turn right (12.00) stepping forward right, hold
5 – 8 rock forward on left, recover back onto right, rock back on left, recover forward onto right

LEFT ROCKING 1/4 TURN LEFT (9.00), HOLD, STEP, PIVOT 1/2 TURN LEFT (3.00), STEP

1 – 4 rock forward on left, recover back onto right, step left 1/4 left (9.00), hold
5 - 8 step forward right, pivot 1/2 turn left (3.00), step forward right, hold

FULL TURN RIGHT ON LEFT TRIPLE STEP (3.00), HOLD, STEP, LOCK STEP, HOLD

1 – 4 making full turn right over 3 steps moving forward (or plain triple forward), hold (*** WALL 5)
5 – 8 step forward right, lock left behind, step forward right, hold

LEFT STEP, TOUCH RIGHT BEHIND, STEP BACK RIGHT, KICK LEFT, LEFT COASTER, HOLD

1 – 4 step forward left, touch right toe behind, step back right foot, kick left foot forward
5 – 8 step back left, close right beside left, step forward left, hold

END OF DANCE

*** First Tag WALL 5 after count 52 ... walk forward right, left ... then start dance from beginning

***** Second Tag WALL 6 after count 32 sway right left, then restart from section 4, the right forward mambo (put his foot in the boot) then keep going even though the music seems to fade, and you finish facing front