

Dansa Lagu Timor

拍數: 36 牆數: 4 級數: Beginner
編舞者: Uli Elfrida (INA) - November 2022
音樂: Timor Tabongkar - Rinto Nine



****2 Tags (4 count) after wall 3 & 8**

***1 Restart on wall 4 after 32 count**

Section 1 : Heel, toe, forward shuffle (R - L)

1 2 Touch R heel forward, touch R toe slightly cross over L
3 & 4 Step R forward, step L next to R, step R forward
5 6 Touch L heel forward, touch L toe slightly cross over R
7 & 8 Step L forward, step R next to L, step L forward

Section 2 : Rock, recover, back shuffle, rock, recover, forward shuffle

1 2 Rock R forward, recover on L
3 & 4 Step R back, step L next to R, step R back
5 6 Rock L back, recover on R
7 & 8 Step L forward, step R next to L, step L forward

Section 3 : Hip bumps R L R, hip bumps L R L, forward mambo, back mambo

1 & 2 Hip bumps diagonally forward R L R
3 & 4 Hip bumps diagonally back L R L
5 & 6 Rock R forward, recover on L, step R back
7 & 8 Rock L back, recover on R, step L forward

Section 4 : Pivot 1/2L, forward walk R L, jazz box 1/4R

1 2 Step R forward, pivot 1/2 turn left
3 4 Step R forward, step L forward
5 6 7 8 Cross R over L, 1/4 turn right stepping L back, step R side, step L fwd

Option:

If you want to do the dance with contra or circle version, change step count 5,6,7,8:

1/2L back, touch, side, touch.

5 6 1/2 turn left stepping R back, touch L forward
7 8 Step L side, touch R next to L

Section 5 : Hip bumps R L R, Hip bumps L R L

1 & 2 Hip bumps diagonally forward R L R
3 & 4 Hip bumps diagonally back L R L

Tag 4 count: Sway R L R L

Note : You can also do the dance with contra or circle version

Happy dancing!

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