

Every Night, Every Morning

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sandy Carty Hodges (USA) - November 2022
音樂: Every Night Every Morning - Maddie & Tae



INTRO: 16 counts - ONE tag/NO restarts

SECTION ONE: RIGHT HEEL TAPS, ROCKING CHAIR

1-4 Step right toe forward, tap right heel 3 times.
5-8 Rock forward on LF, put weight back on RF, rock back on LF, put weight back on RF (12:00)

SECTION TWO: LEFT HEEL TAPS, ROCKING CHAIR

9-12 Step left toe forward, tap left heel 3 times.
13-16 Rock forward on RF, put weight back on LF, rock back on RF, put weight back on LF (12:00)

SECTION THREE: CROSS ROCK RECOVER, SIDE ROCK RECOVER, ½ RIGHT TURNING JAZZ BOX

1,2 Cross RF over LF, recover on LF
3,4 Rock RF on R side, recover on LF.
5,6 Cross RF over LF, make ¼ turn to R stepping LF back,
7,8 Make 1/4 turn to R stepping RF on side, Cross LF over RF. (6:00)

SECTION FOUR: DIAGONAL R STEP, L HEEL TOE SWIVELS, DIAGONAL L STEP, R HEEL TOE SWIVELS.

1,2 Step RF forward slightly on diagonal, swivel Lft heel in toward RF.
3,4 Swivel Lft toe in toward RF, swivel Lft heel in toward RF (weight remains on RF)
5,6 Step LF forward on diagonal, swivel Rt heel in toward LF.
7,8 Swivel Rt toe in toward LF, swivel Rt heel I toward LF. (6:00)

E.O.D. Start dance again, have fun !!

TAG: 16 CT TAG: End of 7th wall (facing 6:00): Hip Bumps RT, LFT,RT,LFT, Jay walks, right rocking chair.

1-4 Step to right on diagonal and bumps hips twice, step to left on diagonal and bump hips twice.
(moving forward as you bump hips)
5-8 Repeat steps 1-4, (moving forward as you bump hips)

1-4 Step RT toe to RT side, cross over LF, step LFT toe to left side, cross over right,
5-8 Rock forward on RT, weight back on lft, rock back on rt, recover on left.

E.O.D start again and have fun!
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Last Update: 17 Feb 2023