

Dance This Bachata

拍數: 64 牆數: 2 級數: Low Intermediate - Bachata
編舞者: Gunawati Tiotama (INA) - October 2022
音樂: Bachata (feat. Cristobal) - Kay One



Intro: 36 counts

Section 1: Bachata Side Basic R, L

1 2 3 4 Step R to R, Step L together, Step R to R, Tap L beside R
5 6 7 8 Step L to L, Step R together, Step L to L, Tap R beside L (12:00)

Section 2: Bachata Forward and Back Basic

1 2 3 4 Step Forward R, L, R, Tap L beside R
5 6 7 8 Step Back L, R, L, Tap R beside L (12:00)

Section 3: Bachata Basic Turn R, L

1 2 3 4 ¼ R Step R Forward, ¼ R Step L together, ½ R Step R to R, Tap L beside R (12:00)
5 6 7 8 ¼ L Step L Forward, ¼ L Step R together, ½ L Step L to L, Tap R beside L (12:00)

Section 4: Modified Forward Progressive Bass Step R, L with ¼ turn

1 2&3 4 Step R forward facing diagonal L, Hold, Step L together facing 12.00, ¼ R Step R to R, Tap L beside R (3:00)
5 6&7 8 ¼ L Step L forward facing diagonal R, Hold, Step R together facing 12.00, ¼ L Step L to L, Tap R beside L (9:00)

Section 5: Bachata Side Basic R, Side, Hip Roll, Tap

1 2 3 4 Step R to R, Step L together, Step R to R, Tap L beside R
5 6 7 8 Step L to L with slow Hip Roll anti clockwise for 3 counts, Tap R beside L (9:00)

Section 6: Rotate Basic ¼ R, Rotate Basic ½ L

1 2 3 4 Rotate slowly ¼ R by stepping R, L, R, Tap L beside R (12:00)
5 6 7 8 Rotate slowly ½ L by stepping L, R, L, Tap R beside L (6:00)

Section 7: Reverse ½ turn, Hip Rolls 2x with flick (optional: 4 counts Body Roll)

1 2 3 4 Step R forward, ½ R step L back, Step R back, Tap L beside R (12:00)
5 6 7 8 Weight on R, Hip Roll anti clock wise 2x, ending with L flick on count 8
(Optional Weight on R, 4 counts Body Roll)

Section 8: Reverse ½ turn, Kick diagonal and step 2x

1 2 3 4 Step L forward, ½ L step R back, Step L back, Tap R beside L (6:00)
5 6 7 8 Kick R diagonal L, Step R beside L, Kick L diagonal R, Step L beside R

Dance with your soul and let it speak for itself

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