

No Comment

拍數: 128 牆數: 1 級數: Phrased Beginner
編舞者: Helma Yoga (INA) - November 2022
音樂: No Comment - Tuty Wibowo



Start dance on the vocal

SEQUENCE A TAG B - C - D - A TAG B - C - D

PART A (32C)

A1. MAMBO CROSS (R -L) - MAMBO FORWARD - BACK LOCK SHUFFLE*

1&2 Step R to side , recover on L , R cross over L
3&4 L to side , recover on R , L cross over R
5&6 R forward , recover on L , R back
7&8 L back , R lock over L , L back

A2. SIDE CHASSE - 1/4 TURN LEFT CHASSE - SYNCOPATED ROCKING CHAIR*

1& 2 Step R to side , L beside R , R to side
3& 4 1/4 turn left step L to side , R beside L , L to side (09.00)
5&6& R forward , recover on L , R back , recover on L
7&8 R forward , recover on L , R back

A3. BOTOFOGO - CROSS SHUFFLE - DIAGONAL BACK SHUFFLE - SIDE CHASSE*

1&2 Step R cross over L , L ball to side , R tap in the place
3&4 L cross over R , R to side , L over R
5&6 R back diagonal to R , L beside R , R to side
7&8 L to side , R beside L , L to side (09.00)

A4. TRIPLE CROSS 1/4 TURN RIGHT - FORWARD LOCK SHUFFLE - MAMBO FORWARD - COASTER STEP*

1&2 Step R forward , recover on L , 1/4 turn right step R in the place (12.00)
3&4 L forward , R lock behind L , L forward
5&6 R forward , recover on L , R back ,
7&& L back , R close beside L , L forward

TAG 2C (SWAY)

PART B (32C)

B1. TOE STRUT*

1-2-3-4 R touch forward , R heel drop in the place , L touch forward , L heel drop in place
5-6-7-8 REPEAT 1 - 4

B2. TRAVELING VOLTA*

1-2-3-4 Step R cross over L , L to side , R corss over L , L to side
5-6-7-8 Step R cross over L , L to side , R corss over L , Hold (weight on R)

B3. SWAY(L-R)*

1-2-3-4 Sway L - hold - R - hold (with arm styling , with hip bump)
5-6-7-8 REPEAT 1-:4

B4. ROCKING CHAIR - 1/2 TURN RIGHT PADDLE*

1-2-3-4 L forward , recover on R , L back , recover on R
5-6-7-8 L forward , 1/4 turn right step R in the place , 1/4 turn right step R in the place

PART C (32C) (REPEAT PART B)

PART D (32C)

D1. RHUMBA BOX - COASTER STEP - RUN FORWARD*

1&2& Step R to side , L close beside R , R forward , L touch beside R
3&4 L to side , R beside L , L back
5&6 R back , L beside R , R forward
7&8 Run forward L - R - L

D2. CHASSE (R-L) - SWITCH ES SIDE*

1&2 Step R to side , L beside R , R to side
3&4 L to side , R beside L , L to side
5&6& R to side , L touch close beside R , L to side , L touch close beside R
7&8. R to side , L touch close beside R , L to side

D3. SYNCOPATED CROSS ROCKING (R -L)*

1&2& Step R cross over L , recover on L , R back , recover on L
3&4 R cross over L , recover on L , R to side
5&6& Step L cross over R , recover on R , L back , recover on R
7&8 L cross over R , recover on R , L to side

D4. VAUNDEVILE - CYNCOATED ROCKING*

1&2& Step R cross over L , L to side , R heel drop in the place , R close beside L
3&4& L cross over R , R to side , L heel drop in the place , L close beside
5&6& R forward , recover on L , R back , recover on L
7&8&. R forward , recover on L , R back , recover on L (weight on L)
