

Saturday Sunday WHAT???!!

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Low Advanced Cha Cha
編舞者: Niels Poulsen (DK) - September 2022
音樂: Friday (feat. Mufasa & Hyperman) (Dopamine Edit). - Riton & Nightcrawlers



Intro: 32 counts from first strong beat in music. App. 22 secs. into track. Start with weight on L

Restart: On wall 1, after 56 counts, facing 12:00

EASY bridge: 8 count bridge during wall 3, after 32 counts. See bridge description at bottom of step sheet

[1 – 9] R side rock, ¼ L flick, fwd R, L step lock step, R rock fwd sweep, behind side fwd 1/8 L

1 – 3 Rock R to R side (1), turn ¼ L when recovering on L flicking R backwards (2), step R fwd (3) 9:00
4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 9:00
6 – 7 Rock R fwd (6), recover back on L sweeping R to R side (7) 9:00
8&1 Cross R behind L (8), step L to L side (&), turn 1/8 L on L stepping R fwd (1) 7:30

[10 – 17] HOLD, L lock step, step ½ R, full turn R, weave ¼ L (part of diamond 3/8 L)

2&3 HOLD (2), lock L behind R (&), step R fwd (3) 7:30
4 – 5 Step L fwd (4), turn ½ R stepping fwd on R (5) 1:30
6 – 7 Turn ½ R stepping back on L (6), turn ½ R stepping fwd on R (7) 1:30
8&1 Cross L over R (8), turn 1/8 L stepping R to R side (&), turn 1/8 L stepping L behind R (1) 10:30

[18 – 25] Behind side 1/8 L, R samba step, cross ¼ L back R, L back lock step

2 – 3 Cross R behind L (2), turn 1/8 L stepping L to L side (3) 9:00
4&5 Cross R over L (4), rock L to L side (&), recover on R (5) 9:00
6 – 7 Cross L over R (6), turn ¼ L stepping back on R (7) 6:00
8&1 Step back on L (8), lock R over L (&), step back on L (1) 6:00

[26 – 32] R back rock, R kick & point LRL, 1/8 L with R flick

2 – 3 Rock back on R (2), recover fwd onto L (3) 6:00
4&5 Kick R fwd (4), step R next to L (&), point L to L side (5) 6:00
&6&7 Step L next to R (&), point R to R side (6), step R next to L (&), point L to L side (7) 6:00
8 Step L next to R flicking R back turning 1/8 L (8)... * Bridge here on wall 3, facing 10:30 4:30

[33 – 41] Rock R fwd, recover sweep, back R, L coaster step, Monterey ½ R, L side mambo step

1 – 3 Rock fwd on R (1), recover back on L sweeping R to R side (2), step back on R (3) 4:30
4&5 Step back on L (4), step R next to L (&), step L fwd (5) 4:30
6 – 7 Point R to R side (6), turn ½ R on L stepping R next to L (7) 10:30
8&1 Rock L to L side (8), recover on R (&), step L next to R (1) 10:30

[42 – 49] R rock fwd, R coaster step, L lock step X 2, HOLD, L lock step

2 – 3 Rock fwd on R (2), recover back on L (3) 10:30
4&5 Step back on R (4), step L next to R (&), step R fwd (5) 10:30
&6&7 Lock L behind R (&), step R fwd (6), lock L behind R (&), step R fwd (7) 10:30
8&1 HOLD (8), lock L behind R (&), step R fwd (1) 10:30

[50 – 56] Step 3/8 R, L step lock step, full turn L, ¼ L into beginning of chassé

2 – 3 Step L fwd (2), turn 3/8 R stepping onto R (3) 3:00
4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 3:00
6 – 7 Turn ½ L stepping back on R (6), turn ½ L stepping L fwd (7) 3:00
8& Turn ¼ L stepping R to R side (8), step L next to R (&) ... * Restart here on wall 1, facing 12:00

[57 – 64] Side R, HOLD, ball cross, ¼ R X 2, 1/8 R fwd L, R stomp side, HOLD, together with L

1 – 2&3 Step R a big step to R side (1), HOLD (2), step L next to R (&), cross R over L (3) 12:00

4 – 5 Turn ¼ R stepping back on L (4), turn ¼ R stepping R to R side (5) 6:00

6 - 7 - 8 Turn 1/8 R stepping L fwd (6), stomp R next to L (7), HOLD and change weight to L (8) –
(body roll from down and up) – NOTE! To start again step R fwd and turn 3/8 L with the flick 7:30

START AGAIN

Bridge On wall 3, after 32 counts, facing 10:30: Rock R fwd (1), hold (2), Recover L with R sweep (3), hold (4), rock R back popping L knee (5), hold (6), recover L sweeping R fwd (7), hold (8) 10:30

Ending Wall 5 is your last wall (starts at 6:00). Finish on 33 crossing R over L to end facing 12:00
