

Holding Hands

拍數: 48 牆數: 2 級數: Low Intermediate Waltz
編舞者: Anna Oldberg (SWE) - November 2022
音樂: Hold My Hand - Lady Gaga



Intro: Start on the word 'hand'

(1) 1 – 6 Back, Sweep, Sweep, Back, Hold, Hold

1,2,3 Step Lf back (1), sweep Rf for 2 counts (2,3) 12:00
4,5,6 Step Rf back and open up body towards right diagonal (4), hold for 2 counts (5,6)

(2) 1 – 6 Step, Pivot ½, Right Twinkle

1,2,3 Step Lf forward (1), step Rf forward (2), pivot ½ left stepping down on Lf (3) 6:00
4,5,6 Cross Rf over Lf (4), step Lf beside Rf (5), turn ¼ right stepping down on Rf (6) 7:30

(3, 4) 1 – 12 Diamond fall away

1,2,3 Cross Lf over Rf (1), turn 1/8 left stepping Rf to right side (2), turn 1/8 left stepping Lf back (3) 4:30
4,5,6 Step Rf back (4), turn 1/8 left stepping Lf to left side (5), turn 1/8 left stepping Rf forward (6) 1:30
1,2,3 Step Lf forward (1), turn 1/8 left stepping Rf to right side (2), turn 1/8 left stepping Lf back (3) 10:30
4,5,6 Step Rf back (4), turn 1/8 left stepping Lf to left side (5), step Rf forward (6) 9:00

(5) 1 – 6 2 slow pivot ½ turns

1,2,3 Step Lf forward on ball of foot starting to turn ½ right (1), complete the ½ turn right still on Lf (2), step down on Rf (3) 3:00
4,5,6 Step Lf forward on ball of foot starting to turn ½ right (4), complete the ½ turn right still on Lf (5), step down on Rf (6) 9:00

(6) 1 – 6 Step, Point, Hold, Back, Sweep 1/4

1,2,3 Step Lf forward (1), point Rf to right side (2), hold (3) 9:00
4,5,6 Step Rf back (4), sweep Lf back turning ¼ left (5,6) 6:00

(7) 1 – 6 Left sailor step, Right sailor step

1,2,3 Step Lf behind Rf (1), step Rf to right side (2), step Lf to left side (3) 6:00
4,5,6 Step Rf behind Lf (4), step Lf to left side (5), step Rf to right side (6) 6:00

(8) 1 – 6 Full chase turn*, Back, Sweep

1,2,3 Step Lf forward (1), ½ pivot turn right stepping down on Rf (2), turn ½ right stepping back on Lf (3) 6:00
4,5,6 Step Rf back (4), sweep Lf back for 2 counts (5,6) 6:00

Tags

Short tag, at the end of wall 2 facing 12:00 and at the end of wall 5 facing 6:00:

Step back on Lf (1), sweep Rf back for 2 counts (2,3), step back on Rf (4), sweep Lf back for 2 counts (5,6)

Long tag, at the end of wall 3 facing 6:00 and at the end of wall 6 facing 12:00:

repeat the 2 last sections (section 7 and 8)

* Easier option: replace full chase with, Rock Lf forward (1), recover on Rf (2), step Lf small step back (3)

Ending: Dance up to and including count 39, left sailor step.