

Mama, Dolly & Jesus

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kathy Brown (USA) - November 2022
音樂: Mama, Dolly, Jesus - Madeline Edwards : (Album: Crashlanded)



Available on Amazon Music

Sequence: 32 (12:00)-16 (3:00)-32 (3:00)-32 (6:00)-8 (9:00)-16 (12:00)-32 till finished.
Intro: 16ct.

TRIPLE RIGHT, LEFT ROCK, RECOVER, TRIPLE LEFT, RIGHT ROCK, RECOVER

1&2 Step right to side, step left next to right, step right to side
3-4 Rock left behind right, recover right
5&6 Step left to side, step right next to left, step left to side
7-8 Rock right behind left, recover left

RIGHT TRIPLE FORWARD, 1/2 RIGHT PIVOT, LEFT TRIPLE FORWARD, 1/2 LEFT PIVOT

1&2 Step right forward, step left next to right, step right forward
3-4 Step left forward, pivot 1/2 right
5&6 Step left forward, step right next to left, step left forward
7-8 Step right forward, pivot 1/2 left

RESTART: Wall 2 (3:00) & 6 (12:00) – dance 1st 16cts.

RIGHT JAZZ CROSS, 1/4 MONTEREY RIGHT

1-2 Cross right over left, step left back
3-4 Step right to side, step left over right
5-6 Point right to side, turning 1/4 right step down on right
7-8 Point left to side, step left next to right

HEEL/TOE TWIST RIGHT, HEEL BOUNCE, HEEL/TOE TWIST LEFT, HEEL BOUNCE

1-2 Twist heels right, twist toes right
3-4 Twist heels right bouncing heels (10:00)
5-6 Twist heels left, twist toes left
7-8 Twist heels left bouncing heels (1:00) keep weight on left

Tag: Wall 5 (9:00), dance 1st 8cts.and restart from beginning

Last Update: 9 Nov 2022