

Whistle On The Wind!

COPPER KNOB
BY STEPHEN PATERSON

拍數: 96 牆數: 2 級數: High Intermediate waltz
編舞者: Stephen Paterson (AUS) - September 2022
音樂: Whistle On the Wind - Ashleigh Dallas : (Album: In The Moment)



#138 BPM, 1 easy restarts, no tags, start dance after 24 count instrumental intro

[1 – 6] Towards R45: Step L Forward, Slow Kick Right, R Back, 3/8 Forward, 1/4 Side

1 2 3 Step L forward towards R45, slowly low kick R forward with pointed toe - 1.30
4 5 6 Step R back, turn 3/8 left then step L forward, turn 1/4 L then step R out to side - 6.00

[7 – 12] Step L Behind, Slow Sweep R, R Behind, Rock L Side, Recover

1 2 3 Step L behind R, slow sweep R out to side over two counts
4 5 6 Step R behind L, rock step L out to side, recover weight onto R in place (counts 7 - 16 move slightly back)

[13 – 18] Step L Behind, Slow Sweep R, R Behind, L Side, R Across

1 2 3 Step L behind R, slow sweep R out to side over two counts
4 5 6 Step R behind L, step L out to side, step R across L - 6.00

[19 – 24] Step L Side, Drag R In, Hold, Roll R 1/4, 1/2, 1/2

1 2 3 Big step L out to side, drag R together, hold (no tap)
4 5 6 Turn 1/4 right then step R forward, turn 1/2 right then step L back, turn 1/2 right then step R forward - 9.00

[25 – 30] Waltz Coaster L Forward, R Back, Lock L Across, R Back

1 2 3 Step L forward, step R beside L, step L back
4 5 6 Step R back (opening shoulders to 10.30), lock step L across R, step R back - 9.00

[31 – 36] Turn 1/2 L Rock L Forward, Recover, Turn 1/4 L Step L Side, R Across, Rock L Side, Recover 1/8 R**

1 2 3 Turn 1/2 left then rock step L forward, recover weight back onto R in place, turn 1/4 left then step L out to side

12.00

4 5 6 ** Step R across L, rock step L out to side, recover weight onto R in place turning 1/8 right - 1.30

**** (restart here on wall 5 to 12.00)**

[37 – 42] Diamond turning L: Step L Forward, 1/8 Together, 1/8 Back on L, R Back, 1/8 Together, 1/8 Forward on R

1 2 3 Step L forward, turning 1/8 left step R beside L, turn 1/8 left then step L back - 10.30
4 5 6 Step R back, turning 1/8 left step L beside R, turn 1/8 left then step R forward - 7.30

[43 – 48] Diamond continued: Step L Forward, 1/8 Together, 1/8 Back on L, R Back, 1/8 Together, Step R Forward

1 2 3 Step L forward, turning 1/8 left step R beside L, turn 1/8 left then step L back - 4.30
4 5 6 Step R back, turning 1/8 left step L beside R, step R forward - 3.00

[49 – 54] Step L Forward, Drag, Hold, R Back, Roll Back L 1/2, 1/2

1 2 3 Step L forward, drag R toes in behind L heel, hold (no tap)
4 5 6 Step R back, turn 1/2 left then step L forward, turn 1/2 left then step R back - 3.00

[55 – 60] Step L back, Drag, Hold, Step R Forward, Roll Forward R 1/2, 1/4

1 2 3 Step L back, drag R toes slightly across L, hold (no tap) - 3.00

4 5 6 Step R forward, turn 1/2 right then step L back, turn 1/4 right then step R out to side - 12.00

[61 – 66] Towards R 45: Step L Forward, Slow 1/2 Pivot R, Step Forward L, Lock, L

1 2 3 Turn 1/8 right then step L forward, slow 1/2 pivot right taking weight onto R in place on count 3 - 7.30

4 5 6 Step L forward, lock R in behind L, step L forward - 7.30

[67 – 72] Step R Forward, Slow 1/2 Pivot L, Roll L Full Turn, Side

1 2 3 Step R forward, slow 1/2 pivot left taking weight onto L in place on count 3 - 1.30

4 5 6 Turn 1/2 left then step R back, turn 1/2 left then step L forward, turn 1/8 left then step R out to side - 12.00

[73 – 78] Facing L 45: Rock Step L back R, Hold, Hold, Recover, 3/8 Back, 1/4 Side

1 2 3 Turn 1/8 left then rock step L back, hold, hold (keeping right toes pointed, opening body to 9.00) - 10.30

4 5 6 Recover weight forward onto R in place, turn 3/8 right then step left back, turn 1/4 right then step right out to side - 6.00

[79 – 84] Towards R 45: Step L Forward, Slow 1/2 Pivot R, Step L Forward, Slow 1/2 Pivot R

1 2 3 Turn 1/8 right then step L forward, slow 1/2 pivot right taking weight onto R in place on count 3 - 1.30

4 5 6 Step L forward, slow 1/2 pivot right taking weight onto R in place on count 6 - 7.30

[85 – 90] Rock Step L Forward, Hold, Hold, Recover, Roll Turn Left

1 2 3 Rock step L forward, hold, hold - 7.30

4 5 6 Recover weight back onto R in place, turn 3/8 left then step L forward, turn 1/2 left then step R back - 9.00

[91 – 96] Quarter Side, Drag, Hold, Roll Turn Right

1 2 3 Turn 1/4 left then step big step L out to side, drag R together, hold (no tap) - 6.00

4 5 6 Turn 1/4 right then step R forward, turn 1/2 right then step L back, turn 1/4 right then step R out to side - 6.00

RESTARTS: ** On wall 5, dance up to count 36 and restart to the front wall

ENDING: On wall 7 (back wall sequence) , dance up to count 30, then add:

1 2 3 4 Turn 1/2 left then rock step L forward, recover weight back onto R in place, turn 1/2 left then step L forward, turn 1/4 left then step R out to side drag L together - 12.00

This is an original dance sheet, feel free to copy without change for distribution
