

All Tied Up

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Tie Me Up - Raynes



Intro: 16 Counts, Start at approx 10 secs

SEC 1 - Rock, Coaster Step, Shuffle, Walk, Walk

1-2 Rock left forward, recover weight onto right
3&4 Step left back, step right beside left, step left forward
5&6 Step right forward, step left beside right, step right forward
7-8 Step left forward, step right forward

SEC 2 - Rock, ¼ Side Shuffle, Cross, Side, Sailor Step

1-2 Rock left forward, recover weight onto right
3&4 Turn ¼ left step left to left, step right beside left, step left to left (9:00)
5-6 Cross right over left, step left to left
7&8 Step right behind left, step left to left, step right to right

SEC 3 - Cross, Side, ¾ Shuffle, Rocking Chair

1-2 Cross left over right, step right to right
3&4 Turn ¾ left step left forward, step right beside left, step left forward (12:00)
5-6 Rock right forward, recover weight onto left
7-8 Rock right back, recover weight onto left

SEC 4 - Side, Hold, Ball Side, Touch, ¼ Step, Hold, Ball Step, Touch

1-2 Step right to right, hold
&3-4 Step left beside right, step right to right, touch left beside right
5-6 Turn ¼ left step left forward, hold (9:00)
&7-8 Step right beside left, step left forward, touch right beside left

Restart: Here on Wall 3, replace touch with step right forward

SEC 5 - ½ Monterey, Hitch, ¼ Monterey, Hitch

1-2 Point right to right, turn ½ right step right beside left (3:00)
3-4 Point left to left, hitch left knee
5-6 Point left to left, turn ¼ left step left beside right (12:00)
7-8 Point right to right, hitch right knee

SEC 6 - Side Rock, Slow Sailor Step, Slow Sailor Step

1-2 Rock right to right, recover weight onto left
3-4-5 Step right behind left, step left to left, step right to right
6-7-8 Step left behind right, step right to right, step left forward

SEC 7 - Shuffle, Step, ¾ Pivot, Side Shuffle, Back Rock

1&2 Step right forward, step left beside right, step right forward
3-4 Step left forward, pivot ¾ right transferring weight onto right (9:00)
5&6 Step left to left, step right beside left, step left to left
7-8 Rock right back, recover weight onto left

SEC 8 - Point, Hold, & Point, Hold, & Heel, Hold, & Heel Switches

1-2 Point right to right, hold
&3-4 Step right beside left, point left to left, hold
&5-6 Step left beside right, touch right heel forward, hold

&7 Step right beside left, touch left heel forward

&8& Step left beside right, touch right heel forward, step right beside left
