

Sing It

拍數: 32 牆數: 0 級數: Intermediate
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音樂: Come on Down - Josiah Siska



Introduction : 16 counts

[1 – 8] ROCK STEP FORWARD, LEFT HEEL, CLAP, ROCK STEP FORWARD, COASTER STEP

1 – 2 Rock step right forward, recover
&3 – 4 Right step next to left, left heel forward, clap hands
&5 – 6 Left step next to right, rock step right forward, recover
7&8 Right step behind, left step next to right, right step forward

RESTART : 4ème WALL (9h00) add & : left step next to right before start again

[9 – 16] ROCK STEP FORWARD, ¾ TURN TRIPLE STEP LEFT, SWITCH POINT RIGHT/LEFT/RIGHT, HOOK WITH RIGHT KNEE, RIGHT POINT

1 – 2 Rock step left forward, recover
3&4 ¾ turn left with triple step left (L/R/L) (3h00)
5&6& Point right foot to the right, bring back next to left, point left foot to the left, bring back next to right
7&8 Point right foot to the right, cross right knee over left, point right foot to the right

[17 – 24] VAUDEVILLE STEP AND CROSS, CLAP, AND CROSS AND CROSS, STEP TURN RIGHT

1&2 Cross right step over left, left step behind, put the right heel forward
&3 – 4 Bring back right step next to left, cross left step over right, clap hands
&5&6 Right step to the right, cross left step over right, right step to the right, cross left step over right
&7 – 8 Right step to the right, left step forward, ½ turn right with right step forward (9h00)

[25 – 32] ¼ STEP TURN RIGHT, SAILOR STEP LEFT, SAILOR STEP WITH ¼ TURN RIGHT, TRIPLE STEP

1 – 2 Left step forward, ¼ turn right (weight on right) (12h00)
3&4 Cross left step behind right, right step to the right, left step to the left
5&6 Cross right step behind left, ¼ turn right with left step to the left, right step to the right (3h00)
7&8 Left step forward, right step next to left, left step forward

Start again and enjoy !

TAG : END OF WALLS 3 (9h00) & 6 (3h00)

[1-12] HEEL BOUNCES, JAZZ BOX, STEP TURN x2

1 – 4 With right step, lift and drop right heel in place x4
5 – 8 Cross right step over left, left step behind, right step to the right, left step forward
9 – 12 (Right step forward, ½ turn left with left step forward) x2

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