

Las 12

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Herman Baso (INA) - November 2022
音樂: LAS 12 - Ana Mena & Belinda



Intro. : 32 Counts

Note. : 1x Tag (4C) After Wall 8 Facing 12 O'clock (V Step)

S1# 2x KICK BALL CHANGE - STEP FWD - 1/2 TURN WITH SWEEP OUT - COASTER STEP

1&2. kick RF fwd, step RF next to LF, step LF in place
3&4 kick RF fwd, step RF next to LF, step LF in place
5, 6. step RF fwd, 1/2 turn left sweep LF out front to back
7&8. step LF back, close RF next to LF, step LF fwd

S2# SWITCH SIDE TOUCH (R - L - R) - HIP BUMP - STEP BACK & TOUCH FWD (R - L)

1&2&. touch RF to side, close RF next to LF, touch LF to side, close LF next to RF
3&4. touch RF to side, bump the right hip (up, down)
5, 6. step RF back, toe touch LF fwd
7, 8. step LF back, toe touch RF fwd.

S3# WALK FWD (R - L) - LOCK SHUFFLE FWD - 1/2 PIVOT - LOCK SHUFFLE FWD

1, 2. step RF fwd, step LF fwd
3&4. step RF fwd, lock LF behind RF, step RF fwd
5, 6. step LF fwd, 1/2 turn right weight on LF
7&8. step LF fwd, lock RF behind LF, step LF fwd

S4# SIDE - HOLD - CLOSE - SIDE - CLOSE TOUCH - 1/4 TURN LEFT STEP FWD - 1/2 TURN LEFT STEP BACK - 1/2 TURN LEFT LOCK SHUFFLE FWD

1, 2&. step RF to side, hold, close LF next to RF
3, 4. step RF to side, close touch LF next to RF
5, 6. 1/4 turn left step LF fwd, 1/2 turn left step RF back
7&8. 1/2 turn left step LF fwd, lock RF behind LF, step LF fwd

TAG (4C)# V STEP

1, 2. step RF diagonally fwd, step LF diagonally fwd
3, 4. step RF back to the center, close LF next to RF.

Repeat from the start

Let's get sweaty, healthy and happy!

Best Regards

Herman Baso - Email: hermanbaso.official@gmail.com