The Motto



拍數: 32 牆數: 4 級數: Improver

編舞者: Brittany Eyres (USA) - November 2022

音樂: The Motto - Tiësto & Ava Max



Starts with lyrics - restart on 5th wall

Walk forward right left, out out in in, two half turns

1,2 Walk forward right first	then left
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3 a nd 4: step out right out left back in right foot then left foot

5,6 step forward with right foot and half turn7,8 step forward with right foot and half turn

Roll hips right, left then grapevine right, step touch with left

1,2 Roll hips in a half circle to the right 3,4 Roll hips in a half circle to the left

5,6,7,8 grapevine to the right and touch left foot to finish

Step left to left, ½ turn over left shoulder, behind side cross, step touch left, step back left and body roll

1,2 step left to left, ½ turn over left shoulder

3 &4 behind side cross5,6 step left foot in

7,8 step left foot back and body roll

Step back on right, forward on left, full turn, jazz square 1/4 turn to the right and jump

1,2 Step back with right forward with left (almost like a rock recover)

3,4 full turn on two steps (two count turn) right then left

5,6,7 step right over left, left foot step back, right step out and ¼ turn

8 jump then start again!

Put some attitude and sass into the dance! I promise it looks better that way!