

Three Words

拍數: 48 牆數: 2 級數: Improver
編舞者: Rhoda Lai (CAN) - October 2022
音樂: Three Words - Levi Kreis



Intro: 18 counts - Sequence: 48, Tag1, 48, Tag2, 48, 48, Tag1(X2), 32

S1 R Side Touch, L Side Touch, R Side Together ¼ R Scuff L

12 Roll R knee clockwise & step R to R side, touch L beside R
34 Roll L knee anti-clockwise & step L to L side, touch R beside L
5678 Step R to R side, step L beside R, ¼ R stepping R forward, scuff L beside R (3:00)

S2 L Jazz Box ¼ L, L Side Twist to the L

1234 Cross L over R, ¼ L stepping R back, step L to L side, cross R over L (12:00)
5 Step L to L side while bending knees (to lower body) and twisting both heels to the L,
6 Straighten up & twist toes to the L
78 Lower body and twist heels to the L, straighten up & twist toes to the L ending weight on the
L

S3 R Rocking Chair, R Forward Pivot ½ L, R Kick Ball Cross

1234 Rock forward R, recover on L, rock back R, recover on L
56 Step R forward, pivot ½ L (6:00)
7&8 Kick R to R diagonal, step on the ball of R behind L, cross L over R

S4 R Side Toe Strut, L Cross Toe Strut, R Hip Circle with ¼ L, R Hip Circle with ¼ L

1234 Touch R toes to R side, step R in place, touch L toes across R, step L in place
5678 (Rock R to R side, roll hips anti-clockwise with a ¼ L recovering onto L) X2 (12:00)

S5 Vine to the Right, Vine to the Left with ½ L

1234 Step R to R side, step L behind R, step R to R side, scuff L beside R (12:00)
5678 Step L to L side, step R behind L, ¼ L stepping L forward, ¼ L scuffing R beside L (6:00)

S6 Vine to the Right, Hip Bumps LRLRL, Touch

1234 Step R to R side, step L behind R, step to R side, scuff L beside R
5&6&78 Step L in place and bump hips L,R,L,R,L, touch R beside L

Tag1 Shoop Right, Shoop Left, Shoop Forward, ½ L Shoop Forward (with arms swinging forward and back)

1234 Angle body to R diagonal & step R to R side, step L beside R, step R to R side, touch L
 beside R
5678 Angle body to L diagonal & step L to L side, step R beside L, step L to L side, touch R beside
L
1234 Step R forward, step L behind R, step R forward, touch L beside R
5678 ½ L stepping L forward, step R behind L, step L forward, touch R beside L

Tag2 Shoop Right, Shoop Left (with arms swinging forward and back)

1234 Angle body to R diagonal & step R to R side, step L beside R, step R to R side, touch L
 beside R
5678 Angle body to L diagonal & step L to L side, step R beside L, step L to L side, touch R beside
L

Ending: After 32 counts of Wall 5, ½ L step back and sit on R

