

What It's Worth

拍數: 32 牆數: 2 級數: High Intermediate
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音樂: For What It's Worth - BRELAND



SIDE – BACK ROCK – 1/4 FWD – 1/2 BACK – BACK LOCK HOOK – FWD – 1/2 BACK – 1/2 FWD – FWD 3/4 PIVOT

1-2& Step R to R side, Rock L behind R, Replace weight on R
3&4& 1/4 L Step L fwd, 1/2 L Step R back, Step L back, Lock R over L
5 Step back on L as you hook R under L knee
6&7 Step R fwd, 1/2 R Step L back, 1/2 R Step R fwd
8-1 Step L fwd as you prep to pivot, 3/4 R Pivot on R as you raise L knee into a figure 4 position

CROSS L – SIDE R – BEHIND L – 1/8 CORNER FWD HITCH – BACK 1/2 R FWD – FWD 1/2 BACK 1/2 FWD

2&3&4 Cross L over R, Step R to R side, Step L behind R, 1/8 R Stepping R fwd, Step L fwd as you hitch R knee up
5 Big Step R back dragging L towards R
6&7 Step L back, 1/2 R Stepping R fwd, Step L fwd
8&1 Step R fwd, 1/2 R Stepping L back, 1/2 R Stepping R fwd as you turn an extra 1/8 sweeping L around

***NOTE: SEE NOTE BELOW ABOUT ABOVE 8&1 COUNT TO RESTART**

CROSS SIDE BEHIND SWEEP – BEHIND – 1/4 FWD – PIVOT 1/2 L – CROSS SAMBA CROSS

2&3 Cross L over R, Step R to R side, Step L behind R sweeping R around
4& Step R behind L, 1/4 L stepping L fwd
5-6 Step R fwd, 1/2 L Pivot weight on L
7&8& Cross R over L, Rock L to L side, Replace weight on R, Cross L over R

HINGE 1/2 L – FULL TURN L – FULL TURN R – CROSS L - SIDE R – BEHIND L – FULL TURN L UNWIND

1 Step R to R side as you hinge 1/2 L
2&3 1/4 L Step L fwd, 1/2 L Step R back, 1/4 L Step L to L side with your R knee popped inwards (prep)
4&5 1/4 R Step R fwd, 1/2 R Step L back, 1/4 R Step R to R side
6& Cross L over R, Step R to R side
7-8 Touch L toes behind R, Full turn L unwinding weight on L dropping L heel

Restart on Wall 3 at Count 8 – The below 8 counts below is what you'll need to dance in order to restart

SIDE – BACK ROCK – 1/4 FWD – 1/2 BACK – BACK LOCK HOOK – FWD – 1/2 BACK – 1/4 SIDE – CROSS L

1-2& Step R to R side, Rock L behind R, Replace weight on R
3&4& 1/4 L Step L fwd, 1/2 L Step R back, Step L back, Lock R over L
5 Step back on L as you hook R under L knee
6&7 Step R fwd, 1/2 R Step L back, 1/4 Step R to R side
8 Cross L over R

Restart on Wall 6 at Count 16& - Change the 2nd set of 8&1 counts to the below 8&1 counts

8&1 Step R fwd, Step L together, 1/8 L Step R to R side to start again