

Baila-Baila

拍數: 32 牆數: 4 級數: Improver
編舞者: Nia (INA) - October 2022
音樂: Bailá Bailá - Alvaro Estrella



Intro : 16 count

SECTION 1 : DIAGONAL ROCKING CHAIR SYNCOPATED (R-L), BOTAFOGO

1&2& R forward diagonal to L (1), recover on L (&), R back diagonal (2), recover on L (&)
3&4 R cross over L (3), L ball to side (&) , R in place (4)
5&6& L forward diagonal to R (5), recover on R (&), L back diagonal (6), recover on R (&)
7&8 L cross over R (7), R ball to side (&) , L in place (8)

SECTION 2 : DIAMOND TURN ¼R, HITCH, SIDE MAMBO (R-L)

1&2& cross R over L (1), step L to L side (&), turn ¼R step R back (2), Hitch L forward (&)
3&4 step L back (3), turn ¼R step R to side (&), step L forward (4)
5&6 step R to side (5), recover on L (&), R close beside L (6)
7&8 step L to side (7), recover on R (&), L close beside R (8)

SECTION 3 : DIAGONAL SHUFFLE (R-L) & DIAGONAL ROCKING CHAIR SYNCOPATED (R)

1&2 step R forward diagonal to R (1), close L forward together (&), step R forward diagonal (2)
3&4 step L forward diagonal to L (3), close R forward together (a), step L forward diagonal (4)
5&6&7&8 R forward diagonal to L (5), recover on L (&), R back diagonal (6), recover on L (&), R forward diagonal to L (7), recover on L (&), R back diagonal (8)

SECTION 4 : DIAGONAL ROCKING CHAIR SYNCOPATED (L), MODIFIED FULL PADDLE

1&2&3&4 L forward diagonal to R (1), recover on R (&), L back diagonal (2), recover on R (&), L forward diagonal to R (3), recover on R (&), L back diagonal (4)
5&6&7&8& turn ¼ left stomp R to side (5) step L in place (&), turn ¼ left stomp R to side (6), step L in place (&), turn ¼ left stomp R to side (7), step L in place (&), turn ¼ left stomp R to side (8), step L in place (&)

TAG 1 - 4 count : V step

1-2 step R diagonal forward (1), step L diagonal forward (2)
3-4 step R back to center (3), close L beside R (4)

after wall 4

TAG 2 - 12 count : Samba Whisk + Hip Sway

1 a2 big step R to R (1), step ball L slightly behind R (a), recover weight onto R (2)
3 a4 big step L to L (3), step ball R slightly behind L (a), recover weight onto L (4)
5 a6 big step R to R (5), step ball L slightly behind R (a), recover weight onto R (6)
7 a8 big step L to L (7), step ball R slightly behind L (a), recover weight onto L (8)
9-12 Hip Sway R-L-R-L

after wall 7

RESTART

- after wall 2
- after wall 6

ENDING : 16 count (section 1 & 2)

♥
Nia
ULD Sumut

Last Update: 28 Feb 2023
