

拍數: 32 牆數: 4 級數: Improver
編舞者: Kate Sala (UK), Chrystel DURAND (FR) & Tiphanie Hansel (FR) - November 2022
音樂: Dna - Megan McKenna



Intro: 32 count intro.

Skate Right, Left, Right Diagonal Shuffle, Step Left With Sway Left, Right, Chasse Left 1/4 Turn Left.

1 2 Skate forward to right diagonal on R. Skate forward to left diagonal on L.
3 & 4 Step R forward to right diagonal. Step L next to R. Step R forward to right diagonal.
5 6 Step L to left side swaying hips left. Sway hips right.
7 & 8 Step L to left side. Step R next to L. Turn 1/4 left stepping forward on L. 9:00

Jazz Box, Point Left, Turn 1/4 Left, Turn 1/2 Left, Step Back, Touch Back.

1 2 Cross step R over L. Step back on L.
3 4 Step R to right side. Touch L toe out to left side.
5 6 Turn 1/4 left stepping forward on L. Turn 1/2 left stepping back on R. 12:00
7 8 Step back on L. Touch R toe back.

Heel Dig, Touch Back, Kick Ball Step, Shuffle Forward, Turn 1/4 Right With Chasse Left.

1 2 Dig R heel forward. Touch R toe back.
3 & 4 Kick R forward. Step down on ball of R. Step forward on L.
5 & 6 Step forward on R. Step L next to R. Step forward on R.
7 & 8 Turn 1/4 right stepping L to left side. Step R next to L. Step L to left side. 3:00

Cross Rock Behind, Recover, jump Diagonally Forward, Touch With Hip Lift.

1 2 Cross rock on R behind L. Recover on to L.
& 3 Jump forward on R to right diagonal. Touch L next to R.
& 4 Lift L hip up. Drop L hip down.

Step Left, Touch In, Step Right, Touch In, Step Back, Heel Dig, Ball Step.

& 5 Small step on L to left side. Touch R next to L.
& 6 Small step on R to right side. Touch L next to R.
& 7 Small step back on L. Dig R heel forward.
& 8 Step R down in place. Step forward on L.

Start Again. ENJOY!

RESTARTS:

During wall 4, restart after count 16. Facing 9:00

During wall 6, restart after count 8. Facing 9:00

Ending: during count 7 & 8, dance the left chasse without 1/4 turn and finish with Jazz Box facing 12:00