

Could've Just Left Me Alone

COPPERKNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - November 2022
音樂: Could've Just Left Me Alone - Alexa Cappelli : (Spotify/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(8 counts intro) - No tags or restarts

[S1] Fwd Rock-1/2R Fwd Rock-1/2R Fwd Rock, Coaster Step-Side Rock

1 2 Rock forward on R, Replace weight on L
3 4 Make a ½ turn right stepping (rock) forward on R, Replace weight on L (6:00)
5 6 Make a ½ turn right stepping (rock) forward on R, Replace weight on L (12:00)
7&8 Step back on R, Step L next to R, Step forward on R
&1 Rock L to the side, Replace weight on R

[S2] Fwd Rock-1/4L Fwd Rock-1/4L, Back-Back-Back-Back Rock, Fwd

2& Step forward on L, Replace weight on R
3&4 Make a ¼ turn left stepping (rock) forward on L (9:00), Replace weight on R, Make a ¼ turn left stepping forward on L (prep for pushing back) (6:00)
5&6 Step back on R, Step back on L, Step back on R
&7 8 Rock back on L, Replace weight on R, Step forward on L

[S3] Side, Twist, Twist, Behind Rock, Side, Bounce Turn, Reverse 1 ¼ Turn-

1 2 3 Step R to the side, Twist heels to the left facing 3:00, Recover/twist back to the centre weight ends on L (6:00)
4& Rock R behind L, Replace weight on L
5 6 7 Step R to the side, Make a ½ turn left as you bounce both heels up and down twice over 2 counts (6 7) weight ends on R (prep for reverse turn right) (3:00)
8&1 Step forward on L making a ½ turn right, Make a ½ turn right stepping forward on R, Make a ¼ turn right stepping L to the side (6:00)

[S4] -Behind-1/4L, Rocking Chair, 1/4L, Behind-1/4R, Chase Turn 1/2R-Fwd

2& Step L behind R, Make a ¼ turn left stepping forward on L (3:00)
3&4& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L
5 6& Make a ¼ turn left stepping R to the side (12:00), Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
7&8 Step forward on L, Make a ½ turn right stepping forward on R (9:00), Step forward on L

[S5] Step w/ Sweep, Cross-Side, Behind w/Sweep, Behind-Side, Cross Shuffle-Side Rock-Cross Shuffle

1 2& Step forward on R sweeping L around, Cross L over R, Step R to the side
3 4& Step L behind R sweeping R around, Step R behind L, Step L to the side
5&6 Cross R over L, Step L close to R, Cross R over L
&7 Rock L to the side, Replace weight on R
&8& Cross L over R, Step R close to L, Cross L over R

[S6] Hinge 1/2L Turn, Side-Cross-Side-Behind-1/4L, Side w/ Lift, Switch L-R-L w/ Hinge 1/2R, Run-Run

1 2& Step R to the side making a hinge ½ turn left (3:00), Step L to the side, Cross R over L
3&4 Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (12:00)
5 6& Step R to the side/lift L up, Step L to the side/weight switch on L, Step R to the side/weight switch on R
7 8& Step L to the side/weight switch on L making a hinge ½ turn right, Run forward on R-L (8&) (6:00)

Ending suggestion: The last wall starts facing 12:00, dance up to S2 count 8 (6:00). Then,
Make a ½ turn right recover weight on R (12:00)

(updated: 2/Nov/22)
