Numb!Numb!Numb!Numb!



拍數: 32 牆數: 4 級數: Intermediate

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音樂: Numb - Marshmello & Khalid



The dance begins after 16 beats with the vocals

S1: Rock forward & rock forward, shuffle back, shuffle back turning ½ r

1-2 Step forward with right - weight back on LF

&3-4 Move RF next to left and step forward with left - weight back on RF 5&6 Step back with left - move RF next to left and step back with left

7&8 1/4 turn right around and step right with right - move LF next to right 1/4 turn right around and

step forward with right (6 o'clock)

S2: ½ turn r, sweep back, behind-side-step, touch forward, hold & touch forward & touch forward &

1-2 ½ turn right around and step back with left - swing RF back in a circle (12 o'clock)

3&4 Cross RF behind left - step left with left and step forward with right

5-6 Touch left toe in front - hold

&7 Move LF next to right and touch right toe in front 88 Move RF next to left and touch left toe in front

& LF move LF next to right

S3: Step-heels swivel, coaster step, step, pivot ½ r 2x

1&2	Step forward with right - turn both heels to right and back (weight at the end left)
3&4	Step back with right - move LF next to right and a little step forward with right

Step forward with left - 1/4 turn right around on both balls, weight at the end right (3 o'clock) 5-6

As 5-6 (circling the hips in a semi-circle from back to front) (6 o'clock) 7-8

S4: Cross, side, sailor step turning 1/4 I, 1/8 paddle turn I 4x

1-2 LF cross over right - step right with right

3&4 Cross LF behind right - 1/4 turn left around, step right with right, weight back on LF (3 o'clock)

Tap right toe in front, 1/2 turn left around and lift right knee over left (1:30) 5&

'5& repeat 3 times (9 o'clock) 6&7&8&

Tag/restart: In the 3rd round - towards 9 o'clock - break off after '3&4', dance the tag and start again from the beginning

Tag/restart: In the 5th round - towards 3 o'clock - break off after '3&4', dance the tag and start again from the

Tag/restart: In the 6th round - towards 12 o'clock - break off after '3&4', dance the tag and start again from the beginning

Repeat to the end

Tag/restart:

1/4 paddle turn I 2x

5-6 Tap right toe in front - 1/4 turn left around and lift right knee over left (6 o'clock)

7-8 As 5-6 (3 o'clock)

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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Last Update - 3 Nov. 2022

