

Nostalgia (留戀)

COPPER KNOB
BY STEPHEN T. S.

拍數: 64 牆數: 1 級數: Phrased High Beginner
編舞者: Kenny Teh (MY) - November 2022
音樂: Nostalgia (留戀) - Sian Chen (陳思安)



Intro: 32 counts

SECTION A

Sec. 1: LEFT & RIGHT BASIC CHA CHA

1-2, 3&4 Rock fwd on L, recover on R, Back shuffle on RL-R-L
5-6, 7&8 Rock back on R, recover on L, Fwd shuffle on LR-L-R

Sec. 2: FORWARD, PIVOT, BACK SHUFFLE, ROCK RECOVER, SHUFFLE

1-2-3-4 Step L fwd, pivot ½ right onto R, ½ right turn back shuffle L-R-L
5-6, 7&8 Rock back on R, recover on L, Fwd shuffle on R-L-R

Sec. 3: LEFT & RIGHT CROSS, RECOVER, SIDE CHASSE

1-2-3-4 Cross L over R bending both knee, recover on R, left chasse L-R-L
5-6, 7&8 Cross R over L bending both knee, recover L, right chasse on R-L-R

Sec. 4: RIGHT PADDLE X 4

1-2-3-4 Step fwd on L, ¼ right turn recover R, Step fwd on L, ¼ right turn recover R,
5-6-7-8 Step fwd on L, ¼ right turn recover R, Step fwd on L, ¼ right turn recover R,

SECTION B

Sec. 1: STEP, KICK, SIDE CHASSE X 2

1-2-3-4 Step L, kick R across, step R, kick L across
5-6,7-8 Step L, step R beside, step L, touch R beside

Sec. 1: STEP, KICK, SIDE CHASSE X 2

1-2-3-4 Step R, kick L across, step L, kick R across
5-6,7-8 Step R, step L beside, step R, touch L beside

Sec. 3: STEP, RONDE, WEAVE X 2

1-2-3-4 Step L fwd, ¼ left turn, sweep R from back to front, Cross R over L, step L to side
5-6,7-8 Step R behind L, sweep L from front to back, cross L behind R, ¼ right turn step R fwd

Sec. 4: STEP, TURN, TOUCH X2, SWAY

1-2-3-4 Step L fwd, ½ right turn touch R beside, step R fwd, ½ right turn touch L beside
5-6,7-8 Sway hips L-R-L-R

Dance Sequence: A,B,B, A,B,B, A,B,B A,A-