

Final Frontier

拍數: 48 牆數: 4 級數: Easy Improver
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音樂: Final Frontier - Andrew Gold : (from Mad About You)



****2 easy restarts after 40 counts of walls 2 & 4**

Right side together, shuffle forward (½ rumba box), Left side together side touch

1-2 Step R to right (1), step L to R (2)
3&4 Step R forward (3), step L to R (&), step R forward (4)
5-6 Step L to left (5), step R to L (6)
7-8 Step L to left (7), touch R to L (8)

Right lindy, Left grapevine cross

1&2 Step R to right (1), step L to right (&), step R to right (2)
3-4 Rock L back (3), recover to R (4)
5-6 Step L to left (5), step R behind L (6)
7-8 Step L to left (7), step R across L (8)

Left lindy, R step ½ pivot, R step ¼ pivot

1&2 Step L to left (1), step R to L (&), step L to left (2)
3-4 Rock R back (5), recover to L (6)
5-6 Step R forward (5), pivot ½ left putting weight to L (6) (6:00)
7-8 Step R Forward (7), pivot ¼ left putting weight to L (8) (3:00)

R shuffle forward, L rock forward OR recover, 3 steps back (LRL) with R touch

1&2 Step R forward (1), step L to R (&), step R forward (2)
3-4 Rock L forward (3), recover to R (4)
5-7 Step L back (5), step R back (6), step L back (7)
8 Touch R to L (8)

(optional styling for counts 5-7: grind the opposite heel with each step as you walk back)

K step

1-2 Step R diagonally forward (1), touch L to right (2)
3-4 Step L to home (3), touch R to L (4)
5-6 Step R diagonally back (5), touch L to R (6)
7-8 Step L to home (7), touch R to L (8)

****Restart here after walls 2 & 4****

R grapevine, Hip sways LRL, R touch

1-2 Step R to right (1), step L behind R (2)
3-4 Step R to right (3), touch L to R (4)
5-7 Step L to left, bending knees and swaying hips to left (5), sway hips to R (6), sway hips to left (7)
8 Touch R to L and straighten knees

Dance ends nicely at the front wall after 24 counts of Wall 8!

Enjoy!

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