

Mama Wanna Mambo

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Lita Amanda (INA) - October 2022
音樂: Mama Wanna Mambo (feat. Natti Natasha & Arturo Sandoval) - Meghan Trainor



Intro 16 count - No Tag No Restart

MAMBO FORWARD, MAMBO BACKWARD, MAMBO R L

1 & 2 Rock RF Forward, LF recover, Step RF beside LF
3 & 4 Rock RF backward, LF recover, step RF beside LF
5 & 6 Rock RF to R side, LF recover, step RF beside LF
7 & 8 Rock LF to L side, RF, recover, step LF beside RF

MAMBO FORWARD, TURN ¼ TO R, PADDLE TURN ½ TO L

1 & 2 Rock RF Forward, LF recover, Step RF beside LF
3 & 4 Rock LF forward, Turn ¼ R (bring weight to RF) , step LF beside RF
5 & 6 & Step RF forward, Turn 1/8 to L (bring weight on LF), Step RF forward, Turn 1/8 to L (bring weight on LF)
7 & 8 & Step RF forward, Turn 1/8 to L (bring weight on LF), Step RF forward, Turn 1/8 to L (bring weight on LF)

VOLTA TO R, MAMBO CROSS TO R L

1 & 2 & Step RF to R side, ball LF beside RF, Step RF to R side, ball LF beside RF
3 & 4 Step RF to R side, ball LF beside RF, Step RF to R side
5 & 6 Rock cross LF over RF, RF recover, step LF to L side
7 & 8 Rock cross RF over LF, LF recover, step RF to R side

VOLTA TO L, MAMBO CROSS TO L R

1 & 2 & Step LF to L side, ball RF beside LF, Step LF to L side, ball RF beside LF
3 & 4 Step LF to L side, ball RF beside LF, Step LF to L side
5 & 6 Rock cross RF over LF, LF recover, step RF to T side
7 & 8 Rock cross LF over RF, RF recover, step LF to L side

Enjoy your dance ☐
