

Country Roots

拍數: 64 牆數: 2 級數: Improver
編舞者: Ángeles Mateu Simón (ES) & Jesús Moreno Vera (ES) - October 2022
音樂: Ain't Just a Southern Thing - Alan Jackson



INTRO 16 Counts, 8 seconds approx.

[1-8] SIDE, TOUCH, SIDE, KICK, BEHIND SIDE CROSS, HOLD

- 1 Step with the right foot to the right.
- 2 Touch left foot next to right.
- 3 Step with left foot to the left.
- 4 Kick with the right foot to the diagonal.
- 5 Cross the right foot behind the left.
- 6 Step with left foot to the left.
- 7 Cross the right foot in front of the left.
- 8 hold.

[9-16] SIDE, TOUCH, SIDE KICK, BEHIND, TURN ¼, STEP, SCUFF

- 1 Step with left foot to the left.
- 2 Touch right foot next to the left.
- 3 Step with the right foot to the right.
- 4 Kick with left foot to the diagonal.
- 5 Cross the left foot behind the right.
- 6 Turn ¼ turn to the right and step forward with your right foot.
- 7 Step forward with the left foot.
- 8 Scuff with right foot.

[17-24] STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1 Step forward with the right foot.
- 2 Cross the left foot behind the right.
- 3 Step forward with the left foot.
- 4 Scuff
- 5 Step forward with the left foot.
- 6 Cross the right foot behind the left.
- 7 Step forward with the left foot.
- 8 scuff

[25-32] V STEP, V STEP TURNING

- 1 Right heel diagonally forward
- 2 Left heel to the left.
- 3 Step with right foot to the site
- 4 Step with the left foot next to the right.
- 5 Turn ¼ turn to the left and right heel diagonally forward.
- 6 Left heel to the left.
- 7 Step with right foot to the site
- 8 Step with the left foot next to the right.

RESTART – At the third wall, restart the dance at this point.

[33-40] STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1 Step forward with the right foot.
- 2 Cross the left foot behind the right.
- 3 Step forward with the left foot.

- 4 Scuff
- 5 Step forward with the left foot.
- 6 Cross the right foot behind the left.
- 7 Step forward with the left foot.
- 8 scuff

[41-48] HEEL STRUT TURNING ½. HEEL STRUT, HEEL STRUT TURNING ½. HEEL STRUT

- 1 Right heel forward.
- 2 Turn ½ turn to the left and lower the foot.
- 3 Left heel forward.
- 4 Lower your foot.
- 5 Right heel forward.
- 6 Turn ½ turn to the left and lower the foot.
- 7 Left heel forward.
- 8 Lower your foot.

[49-56] JAZZBOX, JAZZBOX TURNING ½

- 1 Cross the right foot in front of the left.
- 2 Step back with the left foot.
- 3 Step with the right foot to the right.
- 4 Step forward with the left foot.
- 5 Cross the right foot in front of the left.
- 6 Turn ¼ to the right and step back with your left foot.
- 7 Turn ¼ to the right and step forward with your right foot.
- 8 Step forward with the left foot.

[57-64] WEAWE L, ROCK STEP, RECOVER, CROSS

- 1 Cross the right foot in front of the left.
- 2 Step with left foot to the left.
- 3 Cross the right foot behind the left.
- 4 Step with left foot to the left.
- 5 Cross the right foot in front of the left.
- 6 Rock with left foot to the left.
- 7 Regain weight on right foot.
- 8 Cross left foot in front of right.

START OVER

TAG: At the end of the first wall, the following steps will be done

[1-4] SIDE, TOUCH, SIDE, TOUCH

- 1 Step with the right foot to the right.
- 2 Touch left foot next to right.
- 3 Step with left foot to the left.
- 4 Touch right foot next to left.

RESTART – At the third wall, restart the dance at 32 counts.
