

For Ever (À tout Jamais)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandra Moschel (FR) - 21 October 2022
音樂: À tout jamais - Mylène Farmer



[1-8] Grind 1/4 turn (R) - Coaster step - Kick fwd - Kick - 1/4 turn (L) - Coaster step

1-2 Right heel forward - 1/4 turn right (3H00)
3&4 Step right back - Step left next to right - Step right forward
5-6 Kick left forward - 1/4 turn left (12:00)
7&8 Step left back - Step right next to left - Step left forward

[9-16] Step 1/2 turn (L) - Kick ball changes - Heel (R and L) - Kick ball change

1-2 Step forward - 1/2 turn left (6:00 a.m.)
3&4 Kick ball change
5&6 Right heel forward - Step right next to left - Left heel forward
&7&8 Step left next to right - Kick ball changes

[17-24] Step 1/2 turn (L) - Shuffle fwd - Full turn - Shuffle fwd

1-2 Step forward - 1/2 turn left (12:00)
3&4 Step right forward – Step left next to right – Step right forward
5-6 1/2 turn right – Left back – 1/2 turn right – Right forward
7&8 Step left forward – Step right next to left – Step left forward (12:00)

[25-32] Mambo cross (R and L) – Kick fwd – Side Kick – Coaster step

1&2 Mambo cross PD
3&4 Mambo cross PG
5-6 Kick right forward – Kick right right
7&8 Step right back – Step left next to right – Step right forward

[33- 40] Grind 1/4 turn (L) – Coaster step – Grind 1/4 turn (R) Coaster step

1-2 Left heel forward – 1/4 turn left (9:00)
3&4 Step back – Step right next to left – Step left forward
5-6 Right heel forward -1/4 turn right (12:00)
7&8 Step right back – Step left next to right – Step right forward

[41 – 48] Step fwd 1/2 turn (R) – Kick ball change – Heel (L and R) - kick ball changes

1-2 Step forward – 1/2 turn right (6H00)
3&4 Kick ball change
5&6 Left heel forward – Step left next to right – Right heel forward
&7&8 Step right next to left – Kick ball changes

[49-56] Step fwd – 1/2 turn (R) – Shuffle fwd – Full turn – Shuffle fwd

1-2 Step forward – 1/2 turn right (12:00)
3&4 Step left forward – Step right next to left – Step left forward
5-6 1/2 turn left right back – 1/2 turn left left forward
7&8 Step forward – Step left next to right – Step right forward (12:00)

[57-64] Mambo Cross (L and R) – Step fwd 1/2 turn (R) – Shuffle fwd

1&2 Mambo Cross PG
3&4 Mambo Cross PD
5-6 Step forward – 1/2 turn right (6:00)
7&8 Step left forward – Step right next to left – Step left forward

Tag: (Musical part) - End of the 4th wall

[1-8] Side step – Touch – (R and L) – Vine (R) – Touch

- 1-2 Step right to the right – Touch left next to right
- 3-4 Step left to the left – Touch right next to left
- 5-8 Vine right – Touch left next to right

[9-16] Side step - Touch – (L and R) – Vine (L) – Touch

- 1-2 Step left to the left – Touch right next to left
- 3-4 Step right to the right – Touch left next to right
- 5-8 Vine left - Touch right next to left

[17-24] 2x Pivot 1/2 turn – Rocking chair

- 1-2 Step forward – 1/2 turn left
- 3-4 Step forward – 1/2 turn left
- 5-6 Step right forward with support – Return left support
- 7-8 Step right back with support - Return support left

[25-32] Jazz box – Scissor Cross – Hold

- 1-2 Cross right over left – step left back
- 3-4 Step right to the right – Step left forward
- 5-6 Step right to the right with support – Return left support
- 7-8 Right cross over left – Pause

[33-35] Bounces (L-R-L)

- 1-3 Tap L heel on ground – Tap R heel on ground – Tap G heel on the floor

Final: Replace accounts 5-8 from last section by :5-8 Rock step fwd - Coaster step5-6 Step left with support – Return right support7&8Step back – Step right next to left – Step left forward

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Panneaux latéraux

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Last Update: 27 Oct 2022
