

Still Alive

拍數: 32 牆數: 2 級數: Intermediate
編舞者: W.L.D. (KOR) - October 2022
音樂: Still Alive - Maximilian



Section 1 - R NC basic, side, behind, 1/4 L fwd, step fwd, pivot 1/2 L, step fwd, full turn R

1 2 & 3 4 & Big step to side, rock behind, recover, side, behind, 1/4 L fwd (9:00)
5 6 7 8 & step fwd, pivot 1/2 L, step fwd, 1/2 R stepping back, 1/2 R stepping fwd (3:00)

Section 2 - Fwd rock, 1/4 R side, cross, side, behind, side, cross rock, recover, side, cross, 1/4 R step back sweep

1 2 3 & 4 & step fwd, 1/4 R stepping side, cross, side, behind, side (6:00)
5 6 & 7 8 cross rock, recover on R, side, cross R over L, 1/4 R stepping back / sweep R to back (9:00)

Section 3 - Sailor step, shuffle fwd, fwd rock, recover, 1/4 R big step to side/drag

1 & 2 3 & 4 back, side, side, step fwd, together, step fwd (9:00)
5 6 7 8 rock fwd, recover on L, 1/4 R big step to side and drag L to R (12:00)

Section 4 - Cross/sweep, cross, side, 1/8 R back, back, 1/8 R side, fwd, step fwd, pivot 1/2 L, step fwd, touch fwd / spiral 3/4 R

1 cross L sweeping R from back to front
2 & 3 cross R over L, side, 1/8 R stepping back (1:30)
4 & 5 back, 1/8 R stepping side, fwd (3:00)
6 & 7 step fwd, pivot 1/2 L, step fwd (9:00)
8 touch fwd / spiral 3/4 R

*** Restart on wall 3 & 7 after 16 count / Step changes for the last 2 count : cross rock, recover on L
