

Welcome To Miami

拍數: 48 牆數: 2 級數: Improver
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音樂: ABAJO - Alvaro Estrella : (iTunes)



Intro: 16 cts (0:8 secs)

S1: R Rock Back, ¼ R, Swivel Heels, Together, Side Rock Recover, Crossing Shuffle

12 RF rock back, ¼ turn R Recover on LF side L (3:00)
3&4 Swivel both heels R-L Center
&56 RF step next to LF, LF rock L, Recover on RF
7&8 LF cross over RF, RF step R, LF cross over RF

S2: Side Rock Recover, Coaster Step, Mambo Step, R Rock Back, ¼ R

12 RF rock R, Recover on LF
3&4 RF step back, LF step next to RF, RF step forward
5&6 LF rock forward, Recover on RF, LF step back
78 RF rock back, ¼ turn R Recover on LF side L (6:00)

S3: RL Sailor Steps, RL Heel Swivels In, Together Side, Close Pop L Knee

1&2 RF step behind LF, LF step L, RF step R
3&4 LF step behind RF, RF step R, LF step L

Restart Here Wall 5 (12:00)

&5 RF swivel heel in, RF swivel heel back to center
&6 LF swivel heel in, LF swivel heel back to center
&7 RF step next to LF, LF step L
8 RF step next to LF and pop L knee

S4: Walk Forward Knee Pops, Mambo Step, R Back Drag L Together

12 LF step forward and pop R knee, RF step forward and pop L knee
34 LF step forward and pop R knee, RF step forward and pop L knee
5&6 LF rock forward, Recover on RF, LF step back
78 RF step large step back, LF drag to RF (weight on LF)

S5: Skate RL, R Shuffle Diagonal Fwd, Walk Around ½ Turn L, Hitch R

12 RF skate forward R, LF skate forward L
3&4 RF step forward to R diagonal, LF step next to RF, RF step forward to R diagonal
5678 Walk LRL ½ turn L (12:00), Hitch R knee

Restart Here Wall 3 (12:00)

S6: Side, Hitch L, ¼ L, Hitch R, Side, Hitch L, ¼ L, Hitch R

12 RF step R, Hitch L knee
34 ¼ L LF step forward (9:00), Hitch R knee
56 RF step R, Hitch L knee
78 ¼ L LF step forward (6:00), Hitch R knee