

After the Storm

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mariela Barcia (ARG) & Sergio Alejandro (ARG) - September 2022
音樂: Feathered Indians - Tyler Childers



RF = Right foot

LF = Left foot

[1-8] ROCK, 1/2 TURN STEP, STOMP SWIVEL X3, STOMP

1-2 RF side rock, recover the weight on LF
3-4 ½ turn (to the right) step RF, LF stomp beside RF
5-6 LF toe swivel, LF heel swivel
7-8 LF toe swivel, RF stomp beside LF.

[9-16] ROCK, 1/2 TURN STEP, STOMP SWIVEL X3, STOMP

1-2 LF side rock, recover the weight on RF
3-4 ½ turn (to the left) step LF, RF stomp beside LF
5-6 RF toe swivel, RF heel swivel
7-8 RF toe swivel, LF stomp beside LF

[17-24] RUMBA, TOE-TOUCH, ¼ TURN TOE- TOUCH, TOE-TOUCH

1-2 RF side step, LF slide step beside RF
3-4 RF step forward, LF slide touch beside RF.
5-6 LF side toe touch, LF toe-touch beside RF
7-8 ¼ turn (to the right) LF side toe touch, LF toe-touch beside RF

[25-32] RUMBA, TOE-TOUCH, ¼ TURN TOE- TOUCH, TOE-TOUCH

1-2 LF side step, RF slide step beside LF
3-4 LF step back, RF slide touch beside LF.
5-6 F side toe touch, RF toe-touch beside LF
7-8 ¼ turn (to the right) RF side toe touch, RF toe-touch beside LF

(1st. RESTART. 2nd sequence ends here, facing 12:00)

[33-40] ROCK STEP, STEP- HOLD, PIVOT FULL TURN

1-2 RF rock back, recover the weight on LF
3-4 RF step forward, hold
5-6 RF step forward, ½ turn (to the right) recovering the weight on RF
7-8 ½ turn LF toe-strut.

(2nd and 3rd RESTARTS. 5th and 9th sequences end here, facing 6:00)

[41-48] ROCK STEP X 2, KICK COMBINATION

1-2 RF rock back, LF step (recovering the weight)
3-4 RF rock back, LF step (recovering the weight)
5-6 RF kick forward, RF hook over RF
7-8 RF kick forward, RF flick

[49-56] STEP-LOCKE-STEP, SCUFF, GRAPEVINE

1-2 RF step diagonally forward, LF crossed step behind RF
3-4 RF step diagonally forward, LF scuff beside RF
5-6 LF side step, RF crossed step behind LF
7-8 LF side step, RF stomp beside LF.

[57-64] STEP, SLIDE, STOMP, HOLD, WEAVE

- 1-2 LF long step forward, RF slide forward (to the LF)
- 3-4 RF stomp beside RF, hold
- 5-6 RF side step, LF crossed step behind RF
- 7-8 RF side step, LF crossed step over RF.

FINAL: at the end of the 10th sq., add a RF side rock and full turn (to the right) step (RF)
