

# Long Live Cowgirls

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate waltz  
編舞者: Terri Martin (USA) - September 2022  
音樂: Long Live Cowgirls - Ian Munsick & Cody Johnson



## #24 count Intro - 1 Tag x2 - 1 Restart

### (1-6) Twinkle L, Twinkle R

1-2-3      Cross L over R, Step R to R, Step L to L  
4-5-6      Cross R over L, Step L to L, Step R to R

### (7-12) Weave R, ¼ Turn, Fwd, Pivot ½ R

1-2-3      Cross L over R, Step R to R, Cross L behind R  
4-5-6      ¼ Turn R Stepping R fwd (3 O' Clock), Step Fwd on L, Pivot ½ Turn R weighted R (9 O' Clock)

### (13-18) Step, Lock, Step, Full Turn L, Fwd

1-2-3      Step Fwd on L, Lock R behind L, Step Fwd on L  
4-5-6      Pivot ½ Turn L Stepping back on R, Pivot ½ Turn L Stepping Fwd on L, Step Fwd on R

### (19-24) Fwd, Touch Behind, Raise, Back with Sweep x3

1-2-3      Step Fwd on L, Touch Ball of R behind L, Raise up on Both Feet  
4-5-6      Step Back on R Sweeping L front to back, Step back on L Sweeping R, Step Back on R Sweeping L

**Note: There is a restart during Wall 3 after 21 counts with step/weight change**

### (25-30) Coaster Cross, ¼ Turn L Waltz Basic Back

1-2-3      Step back on L, Step back R Next to L, Cross L over R  
4-5-6      ¼ Turn L Stepping back on R, Step L next to R, Step R in place (6 O'Clock)

### (31-36) ¼ Turn L Waltz Basic Fwd, ¼ Turn L Waltz Basic Back

1-2-3      ¼ Turn L Stepping L Fwd, Step R next to L, Step L in place (3 O'Clock)  
4-5-6      ¼ Turn L Stepping R Back, Step L next to R, Step R in place (12 O'Clock)

### (37-42) ¼ Turn Waltz Basic Fwd, Coaster Step

1-2-3      ¼ Turn L Stepping Fwd on L, Step R next to L, Step L in place (9 O'Clock)  
4-5-6      Step Back on R, Step L next to R, Step Fwd on R

### (43-48) Fwd to Diagonal, Sweep, Press, Recover, Hook

1-2-3      Step L Fwd to 7:30 diagonal, Sweep R Fwd, Press R Fwd to diagonal (7:30)  
4-5-6      Recover Back on L, Step Back on R, Hook L over R (Still facing 7:30)

**Begin dance again squaring up to 6 O' Clock Wall**

**Tag: There is a 3 Count Tag at the end of wall 1 facing 6 O'Clock and wall 4 facing 12 O'Clock**  
**Tag 1-3**

**(1-3) Cross L over R (1), Step R to R (2), Hold with lean to R (3)**

**Restart During Wall 3 with Step Change Counts 19, 20, 21**

1-2-3      Step Fwd on L, Press Ball of R behind L and raise up, Recover back to R,

**Begin Wall 4 at 6 O'Clock making ¼ turn to L for Count 1**

**Ending: On Count 31 leave off the ¼ turn L and finish with a waltz basic fwd to 12 O'Clock. Hold Count 33**

and point R to R

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