

Unbreakable

拍數: 64 牆數: 4 級數: Advanced
編舞者: Fred Whitehouse (IRE) - October 2022
音樂: Unbreakable (feat. Clarence Coffee Jr.) - BUNT.



Intro: 16 Counts, Start at approx 8 secs

SEC 1: Side, Hold, Sailor Step, Kick Cross Touch & Kick, Step Side Flick

1-2 Step right to right, hold
Arms Roll hands in front of body raising from waist to shoulders
3&4 Step left behind right, step right to right, step left to left
5&6& Kick right to left diagonal, cross right over, touch left behind right, step left back
7-8 Kick right forward, turn $\frac{1}{8}$ right step right to right flicking left back (1:30)

SEC 2: Step, $\frac{1}{2}$ Pivot, Full Turn, Gallop

1-2 Step left forward, pivot $\frac{1}{2}$ right transferring weight onto right (7:30)
3-4 Turn $\frac{1}{2}$ right step left back, turn $\frac{1}{2}$ right step right forward (7:30)
***Option**
*3& Turn $\frac{1}{2}$ right step left back, turn $\frac{1}{2}$ right step right forward
*4& Turn $\frac{1}{2}$ right step left back, turn $\frac{1}{2}$ right step right forward (7:30)
5&6& Step left forward, step right beside left, step left forward, step right beside left
7&8 Step left forward, step right beside left, step left forward

SEC 3: Step, $\frac{1}{2}$ Pivot, Step, $\frac{1}{2}$ Pivot, Side Shuffle, $\frac{1}{8}$ Side Shuffle

1-2 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (1:30)
3-4 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (7:30)
5&6 Step right to right, step left beside right, step right to right
7&8 Turn $\frac{1}{8}$ left step left to left, step right beside left, step left to left (6:00)

SEC 4: $\frac{1}{8}$ Step, Lock, Full Unwind, Step, Lock, Full Unwind, Step, $\frac{1}{2}$ Pivot, Walk, Walk

&1-2 Turn $\frac{1}{8}$ left step right forward, lock left behind right, unwind full turn left (4:30)
&3-4 Step right forward, lock left behind right, unwind full turn left (4:30)
5-6 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (10:30)
7-8 Step right forward, step left forward

SEC 5: Stomp x4, Back Sweep, Back Sweep, $\frac{1}{8}$ Weave

1-2-3-4 Stomp right to right 4 times weight finishes on right
Arms Rise both arms to sides
5-6 Step left back sweeping right from front to back, step right back sweeping left from front to back
7&8 Step left behind right, turn $\frac{1}{8}$ right step right to right, step left forward (12:00)

SEC 6: Scuff Hitch Ball Step, Hold, Ball Step, Step, $\frac{1}{2}$ Pivot, $\frac{1}{2}$ Shuffle (12:00)

1&2 Scuff right foot hitching right knee, step right beside left, step left forward
3&4 Hold, step right beside left, step left forward
5-6 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (6:00)
7&8 Turn $\frac{1}{4}$ left step right to right, step left beside right, turn $\frac{1}{4}$ left step right back (12:00)

SEC 7: $\frac{1}{4}$ Side Drag, Weave, Side Rock, Weave

1-2 Turn $\frac{1}{4}$ left step left to left dragging right towards left over 2 counts (9:00)
3&4 Step right behind left, step left to left, cross right over left
5-6 Rock left to left, recover weight onto right
7&8 Step left behind right, step right to right, cross left over right

SEC 8: Hop, Touch & Kick & Kick, Ball Step, Hold, Shuffle

- 1-2 Hop right to right kicking left leg to left, touch left beside right
 - &3 Step left to left, kick right slightly over left
 - &4 Step right to right, kick left slightly over right
 - &5-6 Step left beside right, step right forward, hold
 - 7&8 Step left forward, step right beside left, step left forward
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