

# Feel The Beat

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Nancy Hins (CAN) & Patricia Soran (AUT) - October 2022  
音樂: YOU - Phil The Beat



Intro : Right on vocals

Restart : No

Tag : No

Final : This dance is finishing naturally facing 12 o'Clock Wall!

Just add a step forward on LF and pointing forward with right finger!

## Sec 1 - Walk, Walk, Rock-Recover-Forward, 1/4 L turn with Sweep-Touch, Cross, 1/4R Turn, 1/4R Turn

1-2                Walk LF (1), Walk RF (2)  
&3-4             Rock LF to left (&), Recover on RF (3), Slightly cross forward with LF (4)  
5-6                1/4L Turn on LF with Sweep-Touch (5) (9h), Cross RF over LF (6)  
7-8                1/4R turn on LF (7) and step back with LF (12h), 1/4R Turn and step to side with RF (8) (3h)

## Sec 2 - Forward, Sweep, Cross, Back, Side, Cross Shuffle, Point

1-2                LF forward (1), Sweep RF over LF (2)  
3-4                Cross RF over LF (3), Step back on LF  
5-6&7            RF to side (5), Cross LF over RF (6), Step RF to right (&), Cross LF over RF (7)  
8                  Point RF to right side (8)

(figure a Monterey 1/4R Turn on counts 8-1-2)

## Sec 3 - 1/4R Turn, Point, Ball Step, Heel, Hold-Snap, Ball Step, Cross, Hold, Bounce 1/4R Turn X2

1-2                Turn 1/4R and step together with RF (1), Point LF to side (2) (arms opened) (6h)  
&3-4             Step together with LF (&), Touch right heel diagonal fwd. (3), Hold with finger snap (4)  
&5-6             Step together with RF (&), Cross LF over RF (5), Hold with crossing arms on chest (6)  
7-8                Bounce 2 times and unwind 1/2R Turn, keeping arms crossed on chest (12h)

## Sec 4 - Rock Back Recover, Kick Ball Step, 1/4-Step Turn L, Elvis R knee, Recover

1-2                Rock Back with RF (1), Recover on LF (2)  
3&4               Kick RF forward (3), Ball Step on RF (&), Step forward on LF (4)  
5-6                RF forward (5), 1/4L Turn on LF (6) (9h)  
7-8                Bending R knee in (7), Recover on RF (8) with hand motion on counts 7-8

Feel the beat and enjoy this dance!!!