

Better Off in Love

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Beginner
編舞者: Marie-Odile Jélinek (FR), Marianne Langagne (FR) & Pierre Bocca (FR) -
October 2022
音樂: Better Off In Love - George Canyon



Dance starts at Lyrics : « I Could Quit This Job... » Final on 12H

*8 Walls of 64 counts – No tag – No Restart

This Choreography was co-written on the occasion of the FESTY COUNTRY of the club Friend's Country

[1 to 8] MAMBO R- HOLD- MAMBO L- HOLD

1-4 RF to R – Return on hold on LF – Gather RF next to LF- Pause 12H

5-8 LF to L – Return on hold on RF – Gather LF next to RF. Pause

[9to16] BACK STEP LOCK STEP- HOLD - COASTER STEP L- HOLD

1 t-4 RF back - LOCK LF fwd RF - RF back -Pause

5-8 Step back BALL LF – Step back BALL RF next to LF- Step LF-Pause

[17to24] STEP.R FWD ¼ TURN L-CROSS -HOLD - SIDE ROCK L- ROCK STEP FWD-

1-4 RF fwd- ¼ Turn to the L (BW on LF) (9H) - Cross RF in front of LF-Pause

5-8 ROCK LF to L Return hold on RF - ROCK LF fwd – Return hold RF –

[25to32] ROCK BACK L- STOMP L- HOLD – SWAY TO R – HOLD – SWAY TO L- HOLD

1--4 ROCK LF back – Return hold RF- Stomp LF next to RF - Pause

5--8 RF to R while lightly balancing the body to the R- LF to L while lightly balancing the body to the L

[33to40] BEHIND SIDE CROSS- HOLD- TOE STRUT FWD ON ¼ TURN L-TOE STRUT

1-4 Cross RF behind LF - LF to L – Cross RF front of LF-Pause

5-8 Point LF fwd in ¼ Turn to L (6H) – Pose Heel -Step Point D fwd – Pose Heel

[41to48] KICK TWICE-BACK-TOE CROSS-STEP LOCK STEP FWD-HOLD

1-4 Kick LF fwd X 2 – Step back LF – Cross Point D front of LF

5-8 Step RF – Cross LF behind RF – RF fwd- Pause

[49to56] LF JAZZ BOX ¼ TURN WITH TOE STRUT --TOUCH RF- HOLD

1-4 Cross Point L front of RF - Pose Heel –Step back Point R – Pose Heel

5-8 Point L to L in ¼ Turn to L (3H) – Pose Heel - Touch RF next to LF-Pause

[57to64] ROLLING VINE TO R WITH HOLD–STOMP-HOLD-SNAP

1-4 RF fwd in ¼ Turn to R (6H) – Pause- Step back LF in ½ T to R -Pause 12H

5-8 RF to R in ¼ T to R -Pause - Stomp LF front of RF – HOLD with Snap 3H

Dance naturally ends on 12H « Very Happy Workshop « Together »