

# Shama Lama Ding Dong

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Jo Thompson Szymanski (USA) - 2008  
音樂: Shama Lama Ding Dong - Scooter Lee : (2022 version)



## [1-8] FORWARD, TOUCH, BACK, TOUCH, FORWARD, TOUCH, BACK, TOGETHER

- 1-2      With body facing slightly left, Step R forward leaning R shoulder forward (1); Touch L beside R/snap both hands (2)  
3-4      Step L back bringing body back up (3); Touch R beside L/snap both hands (4)  
5-6      Step R forward leaning R shoulder forward (5); Touch L beside R/snap both hands (6)  
7-8      Step L back bringing body back up (7); Step R beside L squaring up to 12:00 (8)

## [9-16] FORWARD, TOUCH, BACK, TOUCH, FORWARD, TOUCH, BACK, TOGETHER

- 1-2      With body facing slightly right, Step L forward leaning L shoulder forward (1); Touch R beside L/snap both hands (2)  
3-4      Step R back bringing body back up (3); Touch L beside R/snap both hands (4)  
5-6      Step L forward leaning L shoulder forward (5); Touch R beside L/snap both hands (6)  
7-8      Step R back bringing body back up (7); Step L beside R squaring up to 12:00 (8)

**Note: The above 16 counts should like "back up singers/dancers" from the 1950's & 1960's.**

## [17-24] CROSS ROCK, RECOVER, TRIPLE R, CROSS RECOVER, RECOVER, TRIPLE L

- 1-2      Cross rock R over L (1); Recover on L (2)  
3&4      Step R to right (3); Step L beside R (&); Step R to right (4)  
5-6      Cross rock L over R (5); Recover on R (6)  
7&8      Step L to left (7); Step R beside L (&); Step L to left (8)

**Optional Styling: Push R hand across on R cross rock, Push L hand across on L cross rock.**

## [25-32] JAZZ BOX, JAZZ BOX WITH 1/4 TURN R

- 1-4      Cross R over L (1); Step L back (2); Step R to right (3); Step L slightly across R (4)  
5-8      Cross R over L (5); Step L back (6); Turn 1/4 right stepping R to right (7), Step L slightly across R (8) 3:00

## [33-40] SIDE, DRAG/TOUCH, POINT, TOUCH, SIDE, DRAG/TOUCH, POINT, TOUCH

- 1-2      Large step R to right (1); Drag L toe in touching L beside R (2)  
3-4      Point L toe to left (3); Touch L beside R (4)  
5-6      Large step L to left (5); Drag R toe in touching R beside L (6)  
7-8      Point R toe to right (7); Touch R beside L (8)

## [41-48] HIP BUMPS, STEP, HOLD, 1/2 PIVOT TURN L, HOLD

- 1&2      Place ball of R forward/bump hips R (1); Hips center (&); Shift weight to R/bump hips R (2)  
3&4      Place ball of L forward/bump hips L (3); Hips center (&); Shift weight to L/bump hips L (4)  
5-8      Step R forward (5); Hold (6); Turn 1/2 left shifting weight to L (7); Hold (8) 9:00

**BEGIN AGAIN!**

**Floor Split for newbies will be Cut a Rug**