

In the House

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Sophie Cournoyer (CAN) - 20 October 2022
音樂: In the House - Outasight



Intro : Approx. 16 counts

[1-8] Walk, Walk, Lock Shuffle Forward, Step Pivot ½ Turn R, Lock Shuffle Forward

1-2 Walk RF forward (1), Walk LF forward (2)
3&4 Step RF forward (3), Lock LF behind RF (&), Step RF forward (4)
5-6 Step LF forward (5), Pivot ½ turn R (weight on RF) (6) [6:00]
7&8 Step LF forward (7), Lock RF behind LF (&), Step LF forward (8)

[9-16] Stomp, Heel Bounces ½ Turn L, V Steps

1-2 Stomp RF forward (1), ¼ turn L bouncing both heels [3:00]
3-4 1/8 turn L bouncing both heels (3), 1/8 turn L bouncing both heels (4) (weight on LF) (12:00)
5-6 Step RF forward on R diagonal (5), Step LF forward on L diagonal (6)
7-8 Bring RF back (7), Bring LF next to RF (8)

[17-24] Walk, Walk, Mambo Forward, Back, Back, Mambo Back

1-2 Walk RF forward (1), Walk LF forward (2)
3&4 Rock RF forward (3), Recover on LF (&), Step RF back (4)
5-6 Step LF back (5), Step RF back (6)
7&8 Rock LF back (7), Recover on RF (&), Step LF forward (8)

[25-32] Step Pivot ½ Turn L (X2), Paddle ¼ Turn L (X2), Together, Heels Twist

1-2 Step RF forward (1), Pivot ½ turn L (2) (weight on LF) [6:00]
3-4 Step RF forward (3), Pivot ½ turn L (4) (weight on LF) [12:00]
5-6 ¼ turn L pointing RF to R side (5), ¼ turn L pointing RF to R side (6) [6:00]
7&8 Bring RF next to LF (7), Twist both heels R (&), Bring both heels neutral (8) (weight on LF)

Enjoy!

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