

# Boogie Life

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Mariela Barcia (ARG) & Sergio Alejandro (ARG) - October 2022  
音樂: Mi Vida Es Un Boogie - The Blue's Ayres Band  
或: Bad Day To Be A Beer - Drake Milligan



## Music 2: "Bad day to be a beer" by Drake Milligan

RF = Right foot

LF = Left foot

### [1-8] STOMP UP (x2), KICK, HEEL FAN, KICK, JAZZBOX

1&            RF stomp up (twice)  
2             RF side kick  
3&4          RF toe beside LF, RF heel fan (out and in)  
5-6          RF kick diagonally forward, RF crossed step over LF  
7-8          LF step diagonally back (short), RF side step.

### [9-16] WEAVE, STOMP, 1/12 TURN HEEL STOMP (x3)

1-2           LF step to the left, RF crossed step behind LF  
3-4           LF side step, RF crossed step over LF  
5             LF stomp beside RF  
6-7-8        (Keep your LF toe at site) 1/12 turn (to the right) LF heel stomp. (do it 3 times)

### [17-24] ROCKIN' CHAIR, ¾ TURN TOE-STRUT, COASTER STEP

1-2           RF rock back, recover the weight on LF  
3-4           RF rock forward, recover the weight on LF.  
5-6           ¾ turn RF toe-strut.  
7&8          LF step back, RF step beside LF, LF step forward

### [25-32] WEAVE, ROCK, FULL TURN SLAP, STEP

1-2           RF step to the right, LF crossed step behind RF,  
3-4           RF side step, LF crossed step over RF.  
5-6           RF side rock, recover the weight on LF.  
7-8           Full turn to the right (while turning, raise and slap your RF with the right hand). RF step forward.

### [33-40] SCHUFFLE, OUT-OUT IN-IN (x 2)

1&2           LF step forward, RF crossed step behind LF, LF step forward  
&3            RF step forward (diagonally out, on the heel), LF step forward (diagonally out, on the heel)  
&4            RF step back (diagonally in), LF step back (beside RF)  
5-6           RF step forward (diagonally out), LF step forward (diagonally out)  
7-8           RF step back (diagonally in), LF step back (beside RF)

### [41-48] ROCK- HOOK, ROCK, FULL AND A HALF TURN, STOMP.

1-2           RF rock forward, RF hook (over left knee) recovering the weight on LF  
3-4           RF rock forward, recover the weight on LF  
5-6           ½ turn (to the right) step RF, ½ turn (to the right) step LF  
7-8           ½ turn (to the right) step RF. LF stomp beside RF.

## DANCE STRUCTURE FOR MUSIC 2: "BAD DAY TO BE A BEER" by Drake Milligan

With these theme there will be 3 restarts:

\*3rd & 8th sequences: only 16 counts. Replace the last 3 counts of the second section, to do 3 1/6 turn (to the

right) heels stomp. And then restart the dance (facing 6:00)  
\*6th sequence: only 24 counts and restart (facing 6:00).

TAG: (8 counts – holds) at the end of the 4th sequence.

FINAL: (9th sq) only 46 counts + ½ turn (to the right) stomp RF

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