

# Kepada Hati

拍數: 32      牆數: 4      級數: Intermediate NC2S  
編舞者: Rarayanti Marwan (INA) - October 2022  
音樂: Kepada Hati - Cakra Khan



Start the dance with your Left Foot.

**S1 : Cross, Side, Rec., Cross, R Full Turn to Left, 1/8 R Turn 3x Run backward, Back, Side**

- 1 2&      Cross L over R, Step R side on R, Recover on L
- 3 4&      Cross R over L, 1/4 R Turn stepping back on L, 1/2 R Turn Step R forward (09.00)
- 5 6&      1/4 R Turn step L side on L, 1/8 R Turn Run R backward, Run L backward (01.30)
- 7 8&      Run R backward, Step L backward, 1/8 R Turn Step R side on R (03.00)

**S2 : Cross, Rec., Side, Cross, Rec., Side, L Rocking Chair**

- 1 2&      Cross L over R, Recover on R, Step L side on L
- 3 4&      Cross R over L, Recover on L, Step R side on R

**\*Restart here during wall 6**

- 5 6      Step L forward, Recover on R
- 7 8      Step L backward, Recover on R

**S3 : 3/4 R Spiral Turn, Side, Cross, RL Side & Sway, RL Basic Night Club**

- 1 2&      Step L forward & make 3/4 R Spiral Turn, Step R side on R, Cross L over R (12.00)
- 3 4      Step R side on R and sway R hip, Step L side on L and sway L hip
- 5 6&      Step R side on R, Step L slightly behind R, Recover on R
- 7 8&      Step L side on L, Step R slightly behind L, Recover on L

**\*Do only 2 counts bridge here, during wall 3, 5, 7, 8**

**S4 : 1/4 L Turn & Sweep, Behind, Side, Cross, 1/8 R Turn RLR Run3x Fwd, LRL Run3x Bwd, Recover on R**

- 1 2&      1/4 L Turn Step R side on R while sweeping left foot from front to back, Step L behind R, Step R side on R (09.00)
- 3 4&      Cross L over R, 1/8 R Turn RL running forward (10.30)
- 5 6&      R run forward, LR running backward
- 7 8      Run L backward, Recover on R while sweeping your left foot from back to front

And start the dance over again..

There is 1 restart in this dance, happens during wall 6.

There are 2 Tags after wall 2 and after wall 3, both are the same of counts

**TAG [1 – 4] Jazz Box & sweep**

- 1 2      Cross L over R, Step R back
- 3 4      Step L side on L, Cross R over L and sweep L from back to front

There are 4 bridges in the dance, happens during wall 3,5,7,8. Only 2 counts by swaying hips forward & backward. You just do dance until counts 24 (RL Basic NC), put the bridge, & easily continue to count 25 until finish. The music helps us easily to recognize them.

Bridge [1-2] Step R forward and sway R hip, Recover on L and sway L hip

Have fun, enjoy the dance ...

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