

# Countdown Here We Go

COPPERKNOB  
STEPSHEETS

拍數: 80      牆數: 2      級數: Low Intermediate  
編舞者: Becky Hawthorne (USA) - October 2022  
音樂: Roller Coaster - Bon Jovi



**Intro: 16 counts. Vocals start one half beat after dance starts. No tags, no restarts**

## Section 1: 1/4 PIVOT X 2, SHUFFLE X 2

1, 2, 3, 4      Step RF fwd, Pivot 1/4 to L (9:00), Step RF fwd, Pivot 1/4 to L (6:00)  
5 & 6      Step forward on RF, Close LF behind RF, Step forward on RF  
7 & 8      Step forward on LF, Close RF behind RF, Step forward on LF

## Section 2: 1/4 PIVOT X 2, FWD MAMBO, BACK MAMBO

1, 2, 3, 4      Step RF fwd, Pivot 1/4 to L (3:00), Step RF fwd, Pivot 1/4 to L (12:00)  
5 & 6      Rock RF fwd, Recover back to LF, Step RF next to LF  
7 & 8      Rock LF back, Recover fwd to RF, Step LF next to RF

## Section 3: STEP, TOUCH X 4

1, 2, 3, 4      Step RF to R, Touch LF next to RF, Step LF to L, Touch RF next to LF  
5, 6, 7, 8      Step RF to R, Touch LF next to RF, Step LF to L, Touch RF next to LF

## Section 4: DIAGONAL STEP, DRAG/TOUCH X 4

1, 2      RF big step to R fwd diagonal, LF drag and touch next to RF  
3, 4      LF big step to L fwd diagonal, RF drag and touch next to LF  
5, 6, 7, 8      Repeat counts 1-4

## Section 5: 1/8 DOROTHY, DOROTHY (REPEAT)

1, 2&      1/8 Step RF fwd to R diagonal (1:30), Cross LF behind RF, Step RF to R diagonal  
3, 4&      Step LF fwd to L diagonal, Cross RF behind LF, Step LF to L diagonal  
5, 6&      1/8 Step RF fwd to R diagonal (3:00), Cross LF behind RF, Step RF to R diagonal  
7, 8&      Step LF fwd to L diagonal, Cross RF behind LF, Step LF to L diagonal

## Section 6: 4 SHUFFLES IN 3/4 CIRCLE

1 & 2      1/4 Step forward on RF (6:00), Close LF behind RF, 1/8 Step forward on RF (7:30)  
3 & 4      Step forward on LF, 1/8 Close RF behind RF (9:00), Step forward on LF  
5 & 6      1/4 Step forward on RF (12:00), Close LF behind RF, Step forward on RF  
7 & 8      Step forward on LF, Close RF behind RF, Step forward on LF

## Section 7: 1/2 PIVOT, RUN X 4, VOLTAS IN 3/4 CIRCLE

1, 2      Step RF fwd, Pivot 1/2 turn L transferring weight to LF (6:00)  
3 & 4 &      Run R, L, R, L  
5 & 6 &      1/4 Step RF fwd (9:00), Step L ball next to RF, 1/8 Step RF fwd (10:30), Step L ball next to RF  
7 & 8      1/8 Step RF fwd (12:00), Step L ball next to RF, 1/4 Step RF fwd (3:00)

## Section 8: 1/2 VOLTA X 2, 1/4 SHUFFLE, HITCH, CROSS, 1/4 BACK, SIDE

1 & 2      1/4 Step LF fwd (12:00), Step R ball next to LF, 1/4 Step LF fwd (9:00)  
3 & 4      1/4 Step RF fwd (12:00), Step L ball next to RF, 1/4 Step LF fwd (3:00)  
5 & 6 &      1/4 Step forward on LF (12:00), Close RF behind LF, Step forward on LF, Hitch R  
7 & 8      Cross RF over L, 1/4 Step LF back (3:00), Step RF to R side

## Section 9: SHUFFLE, HITCH, CROSS, 1/4 BACK, SIDE, CROSS, VOLTAS IN FULL CIRCLE

1 & 2 &      Step LF fwd, Close RF behind LF, Step LF fwd, Hitch R

- 3 & 4 & Cross RF over L, 1/4 Step LF back (6:00), Step RF to R side, Cross LF over R  
5 & 1/4 Step RF fwd (9:00), Step LF ball next to RF  
6 & 1/4 Step RF fwd (12:00), Step LF ball next to RF  
7 & 8 & 1/4 Step RF fwd (3:00), Step LF ball next to RF, 1/4 Step RF fwd (6:00)

**Section 10: SHUFFLE, SCUFF, SYNCOPATED STEP/SIDE ROCKS**

- 1 & 2 & Step forward on LF, Close RF behind LF, Step forward on LF, Scuff RF  
3 & 4 & Step RF fwd, Rock LF to L side, Recover RF, Step LF fwd  
5 & 6 & Rock RF to R side, Recover LF, Step RF fwd, Rock LF to L side  
7 & 8 & Recover RF, Step LF fwd, Rock RF to R side, Recover LF

**Positioning/styling notes**

**Section 1:** Start dance at midpoint of available space. Use the shuffles to position yourself at the back.

**Section 3:** The step/touches may be in place or move slightly forward, space permitting.

**Section 4:** The diagonal step/drag should take you to the front of your available space.

**Section 6:** Alignment of shuffles need not be precise, make a 3/4 circle back to 12:00.

**Section 7:** Optional--up on balls of both feet for count 1, drop on count 2. Run may traverse the entire space.

Alignment on voltas need not be precise--make 3/4 circle to 3:00, aiming for midpoint of space.

**Section 9:** Make the voltas in full circle very tight, like a corkscrew. Optional--keep knees slightly bent.

**Section 10:** Focus more on the side-to-side movement of the syncopated step/side rocks, with some forward progression.

**Suggested ending:** After three complete walls, song ends during Wall 4 after Section 2. Do 1/2 pivots instead of 1/4 pivots in Section 2 to end facing 12:00.

Becky Hawthorne: [bkhawthorne@tx.rr.com](mailto:bkhawthorne@tx.rr.com)

---