

Over You

拍數: 64 牆數: 0 級數: Phrased High Improver
編舞者: Jérôme Ciurana (FR) - October 2022
音樂: Over You (feat. Moss Kena) - Sharam Jey & Celestal



Déscriptif : 16 counts from beginning do : AB A*AB A*A*A*A*A*

Partie A 32 Counts

[1-8] RIGHT KICK BALL STEP X 2, RIGHT ROCKING CHAIR

1&2 Kick RIGHT forward, Ball RIGHT beside left, Step LEFT forward
3&4 Kick RIGHT forward, Ball RIGHT beside left, Step LEFT forward
5-6 Step RIGHT forward, Recover weight on LEFT {rock step}
7-8 Step RIGHT back, Recover weight on LEFT {rock step}

[9-16] RIGHT HEEL GRIND 1/4 TURN, LEFT SIDE, RIGHT BACK ROCK, SHUFFLE RIGHT, LEFT KICK BALL STEP

1-2 RIGHT heel forward with the toe inside, Push toe outside and do a 1/4 turn right with step LEFT to left side
3-4 Step RIGHT back, Recover weight on LEFT {rock step}
5&6 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}
7&8 Kick LEFT forward, Ball LEFT beside right, Step RIGHT forward

[17-24] STEP 1/2 TURN, 1/2 TURN, 1/2 TURN, LEFT ROKING CHAIR

1-2 Step LEFT forward, Pivot 1/2 turn right
3-4 1/2 turn right and step LEFT back, 1/2 turn right and step RIGHT forward
5-6 Step LEFT forward, Recover weight on RIGHT
7-8 Step LEFT back, Recover weight on RIGHT

[25-32] LEFT SHUFFLE FORWARD, STEP 1/4 TURN, RIGHT CROSS SHUFFLE, LEFT ROCK STEP SIDE

1&2 Step LEFT forward, Step RIGHT next to left, Step LEFT forward {shuffle}
3-4 Step RIGHT forward, Pivot 1/4 turn left
5&6 Cross RIGHT over left, Step LEFT to left side, Cross RIGHT over left
7-8 Step LEFT to left side, Recover weight on RIGHT

* change counts 7-8 by (7-8 Step LEFT to left side, Touch RIGHT beside left)

PARTIE B 32 COUNTS

[1-8] LEFT BEHIND, & RIGHT SIDE, HEEL, & CROSS SHUFFLE, LEFT ROCK SIDE, LEFT BEHIND SIDE CROSS

1 Cross LEFT behind right
&2 Step RIGHT to right side , LEFT heel forward
& Step LEFT beside right
3&4 Cross RIGHT over left, Step LEFT to left side, Cross RIGHT over left
5-6 Step LEFT to left side, Recover weight on RIGHT
7&8 Cross LEFT behind right, Step RIGHT to right side, Cross LEFT over right

[9-16] RIGHT SIDE ROCK STEP, RIGHT BEHIND, & HEEL, & CROSS SHUFFLE, RIGHT ROCK SIDE

1-2 Step RIGHT to right side, Recover weight on LEFT
3 Cross RIGHT behind left
&4 Step LEFT to left side, RIGHT heel forward
& Step RIGHT beside left
5&6 Cross LEFT over right, Step RIGHT to right side, Cross LEFT over right
7-8 Step RIGHT to right side, Recover weight on LEFT

[17-24] 1/8 LEFT TURN RIGHT & LEFT SHUFFLE DIAGONAL, STEP 1/2 TURN, 1/2 TURN, 1/2 TURN

- 1&2 1/8 turn left and step RIGHT forward in left diagonal, Step LEFT next to right, Step RIGHT forward in left diagonal
- 3&4 Step LEFT forward in left diagonal, Step RIGHT next to left, Step LEFT forward in left diagonal
- 5-6 Step RIGHT forward, Pivot 1/2 turn left
- 7-8 1/2 turn left and step RIGHT back, 1/2 turn left and step LEFT forward

[25-32] 1/8 LEFT TURN CHASSE RIGHT, 1/4 LEFT TURN CHASSE LEFT, 1/4 LEFT TURN CHASSE RIGHT, LEFT COASTER STEP

- 1&2 1/8 turn left and step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side
- 3&4 1/4 turn left and step LEFT to left side, Step RIGHT beside left, Step LEFT to left side
- 5&6 1/4 turn left and step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side
- 7&8 Step LEFT back, Step RIGHT beside left, Step LEFT forward

I'M OVER YOU !!!!!

Les références des heures ne valent que sur le premier mur

Association spirit of country :

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<https://www.youtube.com/user/MrSPIRITOFCCOUNTRY>
