

# If You're Not The One

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Yuli Fitriana (INA) - October 2022  
音樂: If You're Not the One - Daniel Bedingfield



Tags : 1 - Restarts : 3

Intro 16 counts

## S1. Walk 3x, Sweep cross side, cross rock behind recover side R L

1 - 2&      Step L forward - step R forward - step L forward  
3 - 4&      Step R forward and sweep L to front - cross L over R - step R to side  
5 - 6&      Cross rock L behind R - Recover on R - Step L to side  
7 - 8&      Cross rock R behind L - Recover on L - step R to side

## S2. 3/4 turn left and sweep, Cross side behind sweep, cross, side, weave, diagonal hitch, Step back

1 - 2&      3/4 turn left (03:00) step L forward and sweep R to front - cross R over L - step L to side  
3 - 4&      Step R back and sweep L to back - Cross L behind R - step R to side  
5&6&      Cross L over R - step R to side - cross L behind R - step R to side  
7 - 8&      1/8 turn right (04.30) step L forward and hitch R - Step R to back - step L to back

## S3. Lift Forward, 1/8 turn right, 1/2 turn right, Cross Side, Rockin' chair, sweep cross side

1 - 2&      Step R back and lift L forward - Step down L - 1/8 turn right ( 06.00) step R forward  
3 - 4&      1/2 turn right (12.00)step L to back and sweep R to back - Cross R behind L - step L to side  
5&-6&      Step rock R forward - Recover on L - step R to back - recover on L  
7 - 8&      Cross R over L and sweep L to front - Cross L over R - step R to side

## S4. 1/4 Diamond - full turn right – Forward Mambo - Sweep back 2x

1 - 2&      1/8 turn left (10.30) step L to back - Step R to back-1/8 turn left step L to side (09.00)  
3 - 4&      Step R forward - 1/2 turn right step L to back ( 03.00) - 1/2 turn right step R forward (09.00)  
5 & 6      Step rock L forward - recover on R - step L to back and sweep R  
7 - 8&      Step R behind and sweep L to back - Step L behind R - recover on R

## Tag : 4 c (include &) after wall 4

1 - 2&      Step rock L forward - recover on R - 1/2 turn left step L forward  
3 - 4&      Step rock R forward - recover on L - 1/2 turn right step R forward

Restart : On wall 2, 5, & 6 after 28 c (Include &)

Hope you enjoy the dance!

Please Contact for more info : [Yulfit1907@gmail.com](mailto:Yulfit1907@gmail.com)