

New Style MAMBO No. 5

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Abadi Haria (INA) & Katarina Sherrina (INA) - October 2022
音樂: Mambo No. 5 (a Little Bit of...) - Lou Bega



No Tag & 3Restart (W2 -16C, W5 - 24C, W8 - 12C)

S1. KICK - CHASSE (RIGHT/LEFT)

1-2 Turn ¼L. Kick RF forward, Kick RF backward
3&4. Turn ¼R. Step RF to R, Close LF beside RF, Step RF to R
5-6. Turn ¼R. Kick LF forward, Kick LF Backward
7&8. Turn ¼L. Step LF to L, Close RF beside LF, Step LF to L

S2. MAMBO

1&2. Rock RF forward, Recover onto LF, Close RF beside LF
3&4. Rock LF Backward, Recover onto RF, Close LF beside RF

*RESTART HERE ON WALL 8

5&6 Rock RF to R, Recover onto LF, Close RF beside LF
7&8. Rock LF to L, Recover onto RF, Close LF beside R

*RESTART HERE ON WALL 2

S3. ROCK - SHIMMY, DIAGONAL CHASSE

1&2&. Rock RF forward diagonal R bending your knees and shaking shoulders
3&4&. Recover onto LF bending your knees and shaking shoulders
5&6. Turn ¼R. Step RF to R, Close LF beside RF, Step RF to R
7&8. Turn ¼L. Step LF to L, Close RF beside f, Step LF to L

*RESTART HERE ON WALL 5

S4. TOE STRUT , SWIVEL (RIGHT/LEFT)

1&2&. Turn ¼R. Touch RF forward slightly, Drop RF heel, Touch LF forward, Drop LF heel
3&4&. Turn ¼L. Touch RF forward slightly, Drop RF heel, Touch LF Forward, Drop LF heel
5&6. Swivel both heels to R, Swivel both toes to R, Swivel both heels to R
7&8. Swivel both toes to L, Swivel both heels to L, Swivel both toes to L

ENJOY , HAPPY & HEALTHY

Contact : abadiharia331@gmail.com & sherrinataslim@gmail.com / ksherrina@ymail.com

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