

# No Way Jose

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tina Argyle (UK) - October 2022  
音樂: In These Shoes? - Kirsty MacColl : (Single - iTunes)



#16 Count Intro from start of track 13 seconds into track

## Step, Rock Recover, Shuffle Back, Rock Back Recover, Walk, Walk

- 1-                Step forward R
- 2-3             Rock forward L, recover weight onto R
- 4&5            Step back L, close R at side of L, step back L
- 6-7             Rock back R, recover weight onto L
- 8-1             Step forward R, step forward L

## ¼ Turn with Sweep, Cross, Side, Behind. Side Rock Cross

- 2                Make ¼ turn left sweeping R anti-clockwise at the same time (9 o'clock)
- 3,4,5           Cross R over L, step L to left side, cross R behind L
- 6,7,8           Rock L to left side, recover weight onto R, cross L over R

\*\*\* RE – START HERE DURING WALL 5 FACING 9 O 'CLOCK \*\*\*

## Step Touch Forward, Step Touch Forward, Dip Down, Up, Down Up with Kick – add some Sass!

- 1-2             Step R to right side, point and tap L toe forward
- 3-4             Step L to left side, point and tap R toe forward
- 5-6             Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg
- 7-8             Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg kicking R forward

Add hip rolls / pushes or shoulder lifts to add some sass!!

## Step Back, Tap Across, Lock Step Forward, ½ Pivot Turn, Walk Walk (or full turn fwd for improver + dancers)

- 1-2             Step back R, touch L toe over R
- 3&4             Step forward L, lock R behind L, step forward L
- 5-6             Step forward R, make ½ pivot turn left onto L
- 7-8             Walk forward R then L ( or make full turn fwd for more experienced dancers) (3 o'clock)

On final wall facing 12 o'clock take an extra single step forward on R and pose!

Last Update: 20 Oct 2022