

No Way Jose

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tina Argyle (UK) - October 2022
音樂: In These Shoes? - Kirsty MacColl : (Single - iTunes)



#16 Count Intro from start of track 13 seconds into track

Step, Rock Recover, Shuffle Back, Rock Back Recover, Walk, Walk

1- Step forward R
2-3 Rock forward L, recover weight onto R
4&5 Step back L, close R at side of L, step back L
6-7 Rock back R, recover weight onto L
8-1 Step forward R, step forward L

¼ Turn with Sweep, Cross, Side, Behind. Side Rock Cross

2 Make ¼ turn left sweeping R anti-clockwise at the same time (9 o'clock)
3,4,5 Cross R over L, step L to left side, cross R behind L
6,7,8 Rock L to left side, recover weight onto R, cross L over R

*** RE – START HERE DURING WALL 5 FACING 9 O 'CLOCK ***

Step Touch Forward, Step Touch Forward, Dip Down, Up, Down Up with Kick – add some Sass!

1-2 Step R to right side, point and tap L toe forward
3-4 Step L to left side, point and tap R toe forward
5-6 Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg
7-8 Keeping R toe fwd and weight back on L, bend the L knee, straighten left leg kicking R forward

Add hip rolls / pushes or shoulder lifts to add some sass!!

Step Back, Tap Across, Lock Step Forward, ½ Pivot Turn, Walk Walk (or full turn fwd for improver + dancers)

1-2 Step back R, touch L toe over R
3&4 Step forward L, lock R behind L, step forward L
5-6 Step forward R, make ½ pivot turn left onto L
7-8 Walk forward R then L (or make full turn fwd for more experienced dancers) (3 o'clock)

On final wall facing 12 o'clock take an extra single step forward on R and pose!

Last Update: 20 Oct 2022