

# Bad for Me

拍數: 32      牆數: 4      級數: Intermediate WCS  
編舞者: Guillaume Richard (FR) - September 2022  
音樂: Bad For Me (feat. Teddy Swims) - Meghan Trainor



## \*\*2 Tags, 1 Restart

#0 counts Intro! The dance start directly with the first note of the music!

### S1: Walk 2, side rock cross R, side rock prep, L turn hitch, step, step turn cross

1-2            Walk RF, Walk LF  
3&4            rock RF to right and cross RF over LF  
5-6            press LF to left while prepping body (5) for 3/4 l turn on RF with hitch LF(6) (facing 3)  
7-8            step LF fwd, step RF fwd  
&1            1/4 turn l, cross RF over LF (facing 12)

### S2: back-back, cross-back-back, step, hitch 1/4 turn r and point RF, step turn 1/2 r, turn 1/2 r

2&3            step LF back (2), step RF back (&), cross LF over RF (3)  
4&5            step RF back (4), step LF back (&), step RF fwd (5)  
&6-7          hitch LF while turning 1/4 r (&), step LF to left(6), point RF to right (7) (facing 3)  
8&1            step fwd on RF with turning 1/4 (8) (facing 6), turn 1/2 r with stepping LF back (&) (facing 12),  
                  turn 1/2 with stepping RF fwd (1) (facing 6)

RESTART: In wall 6 restart here (facing 3).

### S3: walk, mambo-step, back, back, sweep behind-side-cross

2            walk LF fwd  
3&4            step RF fwd (3), recover weight on LF (&), step RF back (4)  
5-6            step LF back (styling: swivel toe out) (5), step RF back (styling: swivel toe out) (6)  
7            step LF back and in same time sweep RF from front to back  
8&1            step RF behind LF (6), step LF to left (&), cross RF over LF (1)

### S4: side, sailor step, cross, turn 1/4 l, sailor turn 1/2 l

2            step LF to left  
3&4            cross RF behind LF, little step LF to left, step RF to right  
5-6            cross LF over RF, turn 1/4 l while stepping RF back (facing 3)  
7&8            turn 1/2 l while step LF behind RF, step RF in place, step LF fwd (facing 9)

Dance the tag two times facing 12 o'clock. After the end of wall 4 an 7.

### TAG: walk 2, mambo step, back back, anchor step

1-2            step RF fwd, step LF fwd  
3&4            step RF fwd, recover on LF, step RF back  
5-6            step LF back, step RF back  
7&8            step LF close behind RF, step RF in place, step LF in place