

# My Life Is Like

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Dustin Valcalda (USA) - October 2022  
音樂: High Heels - Flo Rida & Walker Hayes



Intro: 16 Counts  
Weight Starts Left Foot

## [1-8] R Forward Mambo, L Coaster Step, R Wizard, L Wizard

1&2      Rock RF forward, Recover LF, Step RF next to LF (12:00)  
3&4      Step LF back, Step RF next to LF, Step LF forward (12:00)  
5-6&      Step RF diagonally R, Lock LF behind RF, Step RF forward (12:00)  
7-8&      Step LF diagonally L, Lock RF behind LF, Step LF forward (12:00)

## [9-16] R Rock Step, Two Step $\frac{3}{4}$ Turn, Ball RF, L Side Rock, Ball LF, Point R Toe to Side, Ball RF, Point L Toe to Side

1-2      Rock RF forward, Recover LF (12:00)  
3-4      Step RF back w/  $\frac{1}{2}$  turn over R shoulder, Step LF to L w/  $\frac{1}{4}$  turn over R shoulder (9:00)  
&5-6      Ball RF next to LF, Rock LF to L, Recover RF (9:00)  
&7&8      Ball LF next to RF, point RF toe to side, Ball RF next to LF, point LF toe to side (9:00)

## [17-24] Slight L Knee Hitch, L Side Triple Step w/ $\frac{1}{4}$ Turn L, Pivot $\frac{1}{2}$ Turn L, Ball RF, Ball LF, Hold, Hip Sways

&1&2      Slightly Hitch L knee, Step LF to L w/  $\frac{1}{4}$  turn L, Step RF next to LF, Step LF forward (6:00)  
3-4      Step RF forward, Pivot  $\frac{1}{2}$  over L shoulder (NOTE: RESTART HERE) (12:00)  
&5-6      Ball RF slightly to R, Ball LF slightly to L (feet roughly shoulder width), Hold (12:00)  
7-8      Sway Hips R, Sway Hips L (12:00)

**RESTART NOTE: The only RESTART happens after count 4 of this section on Wall 5 (Facing 12:00)**

## [25-32] R Side Triple Step, L Cross Behind Rock Step, Two Step $\frac{3}{4}$ turn, L Lock Step

1&2      Step RF to R, Step LF next to RF, Step RF to R (12:00)  
3-4      Rock LF behind RF, Recover RF (12:00)  
5-6      Step LF to L w/  $\frac{1}{4}$  turn over R shoulder, Step RF back w/  $\frac{1}{2}$  turn over R shoulder (9:00)  
7&8      Step LF forward, Lock RF behind LF, Step LF forward (9:00)