

What's Up Remix 2022

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Swany (INA) & Lim Riky (INA) - October 2022
音樂: What's Up (HBz & Lukas Brau Bounce Remix) - 4 Non Blondes



Intro – 32 counts, Start at 13"

No Tag, No Restart

Cross Rock, Recover, Back Cross, Recover, ½ Turn Left, ½ Turn Right

1 & 2 Cross RF over LF, Recover on LF, Step RF to the right.
3 & 4 Step LF behind RF, Recover on RF, Step LF to the left.
5 - 6 Step RF ½ turn left, Hold. (6:00)
7 - 8 Step LF ½ turn right, Hold. (12:00)

Sailor Step 2x, ½ Turn Left, Flick, Walk

1 & 2 Move RF behind LF, Recover on LF, Step RF to the right.
3 & 4 Move LF behind RF, Step RF ¼ turn left, Step LF forward. (9:00)
5 & 6 Step RF forward, Step LF ½ turn left, RF flick. (3:00)
7 - 8 Step RF forward, Step LF forward.

Kick Ball Touch 2x, Twist to Right, Twist to Left

1 & 2 Kick RF forward, RF Recover, LF Touch beside RF.
3 & 4 Kick LF forward, LF Recover, RF Touch beside LF.
5 & 6 Swivel both heels to right, Swivel both toes to right, Swivel both heels to right.
7 & 8 Swivel both heels to left, Swivel both toes to left, Swivel both heels to left.

Toes Step Forward 4x, Coaster Step, ½ Turn Left

1 & 2& Step RF toes forward, Step RF back, Step LF toes forward, Step LF back
3 & 4 Step RF toes forward, Step RF back, Step LF toes forward.
5 & 6 Step LF back, Step RF back, Step LF forward.
7 - 8 Step RF forward, Step LF ½ turn left. (9:00)

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Have Fun and Enjoy

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