

# Life

拍數: 32      牆數: 4      級數: Beginner  
編舞者: HR Adi (INA) - October 2022  
音樂: Life - Des'ree



**Start Dance On Vocal**  
**Tag: After Wall 4 Count: 8**

## Jazz Box

1-2-3-4      Cross R over L, step back L, R to R side, cross L over R  
5-6-7-8      Cross R over L, step back L R to R side, cross L over R

## Side Touch – Side Touch

1-2-3-4      R to R side, touch L next to R, touch L to L side, touch L next to R  
5-6-7-8      L to L side, touch R next to L, touch R to R side, touch R next to L

## Weave – Rock Recover – Chasse

1-2-3-4      Cross R over L, L to L side, step R behind L, L to L side  
5-6-7&8      Cross R over L, recover L, R to R side, step L beside R, R to R side

## Weave – ¼ Turn Right – Coaster Step

1-2-3-4      Cross L over R, R to R side, step L behind R, ¼ turn right, step fwd R  
5-6-7&8      Step fwd L, recover R, step back L, step R beside L, step fwd L

## Tag: Side Recover – Behind – Side Cross – Side Together – Side Mambo

1-2-3&4      R to R side, recover L, step R behind L, L to L side, cross R over L  
5-6-7&8      L to L side, step R close to L, L to L side, recover R, step L beside R