

Ana Bansa Nafsy

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Herman Baso (INA) - October 2022
音樂: Ana Bansa Nafsy - Ramy Sabry



Note:

- 64 Counts intro
- 1 Restart on wall 6 after 32c

S1# SIDE – CLOSE – SIDE – CLOSE TOUCH – SIDE TOUCH – CLOSE TOUCH – BIG SIDE STEP – CLOSE TOUCH

- 1, 2 step RF to side, close LF next to RF
- 3, 4 step RF to side, close touch LF next to RF
- 5, 6 touch LF to side, close touch LF next to RF
- 7, 8 big step LF to side, close touch RF next to LF

S2# CROSS – RECOVER – SIDE – CLOSE – ¼ TURN RIGHT STEP FWD – ¼ PIVOT TO RIGHT – CROSS SHUFFLE

- 1, 2 cross RF over LF, recover on RF
- 3&4 step RF to side, close LF next to RF, ¼ turn right step RF forward
- 5, 6 step LF forward, ¼ turn right weight on RF
- 7&8 cross LF over RF, step RF to side, cross LF over RF

S3# ROCKING CHAIR – ½ PADDLE TURN

- 1, 2 rock RF forward, recover on LF
- 3, 4 rock RF back, recover on LF
- 5, 6 step RF forward, ¼ turn left weight on LF
- 7, 8 step RF forward, ¼ turn left weight on LF

S4# WEAVE (R- L)

- 1, 2 cross RF over LF, step LF to side
- 3, 4 cross RF behind LF, touch LF to side
- 5, 6 cross LF over RF, step RF to side
- 7, 8 cross LF behind RF, touch RF to side

(Restart HERE on wall 6)

S5# ¼ JAZZ BOX TURN – V STEP

- 1, 2 cross RF over LF, ¼ turn right step LF back
- 3, 4 step RF to side, cross LF over RF
- 5, 6 step RF diagonally forward, step LF diagonally forward
- 7, 8 step RF back to the center, close LF next to RF

S6# MODIFIED RUMBA BOX WITH LOCK SHUFFLE FORWARD

- 1, 2 big step RF to side, close LF next to RF
- 3&4 step RF forward, lock LF behind RF, step RF forward
- 5, 6 big step LF to side, close RF next to LF
- 7&8 step LF forward, lock RF behind LF, step LF forward

S7# TOE TOUCH FWD WITH HIP BUMP (R – L) – WALK BACK (R – L – R – L)

- 1, 2 toe touch RF forward with hip bump, close RF next to LF
- 3, 4 toe touch LF forward with hip bump, close LF next to RF
- 5-8 walk back R, L, R, L

S8# SIDE STEP AND SWAY THEN CLOSE TOUCH WITH HIP BUMP (R – L)

1-4 step RF to side followed by swaying to R, L, R, close touch LF next to RF with hip bump

5-8 step LF to side followed by swaying to L, R, L, close touch RF next to LF with hip bump

Optional: add 1/4 Jazz box turn to right and pose

HAPPY DANCING

I hope you enjoy the dance move

And I look forward to see your demo version

Best Regards,

Herman Baso

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