

My Oxygen

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: High Improver
編舞者: John Bishop (AUS) - September 2022
音樂: Crazy What Love Can Do - David Guetta, Becky Hill & Ella Henderson : (iTunes)



Wait 16 counts to start

ROLLING VINE LEFT with TOUCH, SIDE, TOGETHER, COASTER STEP

1,2,3 Step L to side 1/4 turn L, step R back turning 1/2 L, step L to side turning 1/4 L [12:00]
4,5,6 Touch R beside L, step R to side, step L beside R
7&8 Step R back, step L beside R, step R fwd [coaster]

LOCK STEP FWD, LOCK SHUFFLE FWD, PADDLE TURN, CROSS, HOLD

1,2 Step L fwd at slight angle, lock/step R behind L
3&4 Step L fwd, lock/step R behind L, step L fwd [lock shuffle]
5,6,7,8 Step R fwd, pivot 1/4 L onto L, cross/step R over L, hold [9:00]

WEAVE LEFT: SIDE, BEHIND, SIDE, ACROSS, SIDE, QUARTER HINGE, CROSS SHUFFLE

1,2,3,4 Step L to side, cross R behind L, step L to side, cross R in front of L
5,6 Step L to side, turn 1/4 R on ball of L and step R to side [hinge turn] [12:00]
7&8 Cross/step L in front of R, step R to side, cross/step L in front of R [cross shuffle]

CHA CHA BOX (RIGHT, TOGETHER, SHUFFLE FWD; LEFT, TOGETHER, SHUFFLE BACK)

1,2 ;3&4 Step R to side, step L beside R; step R fwd, step L beside R, step R fwd
5,6 ;7&8* Step L to side, step R beside L; step L back, step R beside L, step L back*
(*on Walls 2 & 4 do a standard half rumba box on the left side: [side, together, back, together] before restarting the dance. On wall 2, restart dance to back wall. On wall 4 restart dance to front wall)

BACK ROCK, HALF LEFT SHUFFLE, BACK (OUT), BACK (OUT), FORWARD (ANGLE), POINT

1,2,3&4 Rock/step R back, recover fwd onto L; make a 1/2 turn L shuffling back R, L, R
5,6,7,8 Step L back and out, step R back and out, step L fwd and across R, point R to side

CROSS, POINT, CROSS, POINT, JAZZ COASTER (CROSS, BACK, COASTER STEP)

1,2,3,4 Cross R over L, point L to side, cross L over R, point R to side
5,6,7&8 Cross/step R over L, step L back, step R back, step L beside R, step R fwd [coaster]

TWO HALF PIVOT TURNS AND A 'V' STEP (or non-turning option: 2 'V' steps)

1,2,3,4 Step L fwd, pivot 1/2 R onto R, step L fwd, pivot 1/2 R onto R (non-turning option: do a V step)
5,6,7,8 Step L fwd and out, step R fwd and out, step L back and in, step R back and in

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1,2,3,4 Angling body left: Step L to side, step R beside L, step L to side, touch R beside L
5,6,7,8 Angling body right: Step R to side, step L beside R, step R to side, touch L beside R

TAGS AND RESTARTS:

On walls 2 and 4, dance through until count 30 (in Cha Cha Box section) and

* on count 31: step L back then on count 32: step R beside L

.... Then RESTART (to back wall – 6:00 – on wall 2 and to front wall – 12:00 – on wall 4)

Tag at the END of wall 3 (facing 12:00)

1,2,3,4 Step L to side, touch R beside L, step R to side, touch L beside R

